



What's On at our centres

Monday 3rd June - Sunday 9th June

Blow away those winter blues and improve your Health & Wellbeing by getting out and about, joining a new group, or learning a new skill.

Please call us on 01604 583626 or E: office@duston-pc.gov.uk

For more info on any of the groups listed below

MON	TUE	WED	THU	FRI	SAT	SUN
	Pilates	Favell Day Services	Allotment Volunteer Day		Dance Class	
Gentle Yoga	Fitness Class	Slimming World	Yoga Pilates		Martial Arts	Pentecostal Church
Indoor Bowls	Computer Pals	Duston Art Group	Indoor Bowls		Taekwondo	Weight-Watchers
Bridge Club	Rock Choir	Happy Circle	Hartbeeps			
		Pilates	Techytots Class			
	Local Health Walks	Local Health Walk	Slimming World			
	Brownies	Yoga	Ballet Class			
	Guides	Youth Club jnrs	Guides			
	Beavers & Cubs	Youth Club snrs	Weight-Watchers			
	Weight-Watchers	Weight-Watchers	DPC Planning Committee/Finance General Purposes			



DUSTON PARISH COUNCIL

