



What's On at our centres

Monday 17th June to Sunday 23rd June

Blow away those cobwebs and improve your Health & Wellbeing by getting out and about, joining a new group, or learning a new skill.

Please call us on 01604 583626 or E: office@duston-pc.gov.uk

for more info on any of the groups listed below

MON	TUE	WED	THU	FRI	SAT	SUN
Beavers & Cubs	Rock Choir Guides	Favell Day Services Pilates	DPC Planning Committee Meeting			
Bridge Club	Weight-Watchers	Weight-Watchers	Yoga		Martial Arts	Pentecostal Church
Gentle Yoga	Computer Pals	Duston Art Group	Indoor Bowls		Taekwondo	Weight-Watchers
RBL - Women's section	Pilates Fitness Class	Happy Circle U5's Music Class	Slimming World Weight-Watchers		Dance Class	
Indoor Bowls	Duston Camera Club	Yoga	Hartbeeps			
	Local Health Walks	Local Health Walks	Guides			
	Brownies	Youth Club Jnrs & Snrs	Town Women's Guild			
	Beavers & Cubs	Slimming World	Ballet Class			
			TechyTots			
			Pilates			



DUSTON PARISH COUNCIL

