



JOIN US FOR THE FIRST IN A SERIES OF
HEALTH & WELLBEING POP UP EVENTS

**VERSUS
ARTHRITIS**

A FREE informative presentation on
'Living with Arthritis'

Thursday July 18th 1 – 3 pm

(30 minute talk at 1.30pm followed by help & advice)

Pendle Road Café
Duston Community Centre
NN5 6DT

Refreshments available

Please call us to book your FREE place



Duston Parish Council



Duston Parish Council working in partnership with St Luke's PPG

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