



**PLEASE JOIN US for our next**  
**VIRTUAL HEALTH &**  
**WELLBEING POP UP**

**Thursday 20th MAY | 2pm - 3pm**

**'Live Well for Longer'**

**with Supporting  
Independence  
Programme**



**Public Health  
Northamptonshire**

**A FREE, informative presentation giving help and advice**

**Hosted via  
Zoom**

**Pre submit any questions  
to [bcdm@duston-  
pc.gov.uk](mailto:bcdm@duston-pc.gov.uk)**

**For more info and to register :  
<https://live-well-for-longer.eventbrite.co.uk>**

***Duston Parish Council working in partnership with St Luke's PPG***



**DUSTON PARISH COUNCIL**

**T: 01604 583626  
E: [bcdm@duston-pc.gov.uk](mailto:bcdm@duston-pc.gov.uk)  
[www.duston-pc.gov.uk](http://www.duston-pc.gov.uk)**

