

# **Community connect**

ISSUE I5

#### SEPTEMBER 2021

HELPING TO CONNECT CHURCH AND COMMUNITY GROUPS TOGETHER FOR THE WELLBEING OF ALL

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# Rev'd Mandy writes...

I am of a generation where going to school meant having a pencil case containing pencils, rubbers, pens, rulers and sharpeners. At the time, Snoopy was all the rage and our pencil cases were full of images of that little black and white dog and Charlie Brown.. margin and if a piece of work had to be numbered, then the numbers went in the margin too.

And of course, the margin was there for the teachers' comments, in red ink, which you would ignore at your peril.



You see, it was before computers and tablets were in schools. Indeed, when I hear the word tablet, even now, my mind immediately conjures up those sweet sticky fudge-like cubes, a Scottish sweet so bad for the teeth.

In Scotland, we didn't have exercise books. Nah, they were called jotters. And you had to cover them with wallpaper of all things, to protect them and make them last longer.

And in your jotter, you had to draw a margin, with your ruler.

The margin was very important. You had to put the date in the But, the margin helped to order your page somehow.

There was space for comment and it meant that the whole page wasn't just covered in words. The margin gave you room to add a bit here and there, and to make corrections if needed.

And it's got me thinking that maybe we need to draw a metaphorical margin into each of our days. To create a space for comment, reflection, prayer, maybe even assessment of how we are doing and time to make a correction. Sometimes I fill the page of my day with all the things on my to do list, but leave little margin for dealing with the unexpected and actually the necessary.

In the Gospels we read of Jesus constantly being mobbed by the crowds, demanding His healing touch, or hanging on His every word. His disciples often tried to protect Him, as when they sought to turn away the children who were brought to Him. But Jesus, had time and space and capacity for everyone. Even when, after a day's teaching, and the crowds were hungry, He did not abandon them but fed them all with a few loaves of bread and a couple of fish.

You see the pages of Jesus' life had a big margin and that margin was prayer. Time and time again we read of Jesus going off by Himself often in the night hours, to spend time in prayer with His Father in heaven.

Because Jesus had that Margin of prayer and was open to His Father's heart, He was able to deal with those on the margins, the poor, the sick, the despised.

So maybe when I next write my to do list, I need to add a margin and let God write a comment or two.

#### PAGE 2



# Service rota for September/October

Please note: There is now an additional 8.30am service of Holy Communion on the first Sunday of the month at St Luke's. All other services are at 10am unless otherwise stated.

Sun 5th Sep: 8.30am St Luke's Sun 5th Sep: St Francis' Thu 9th Sep: St Luke's Sun 12th Sep: St Luke's Tue 14th Sep: St Francis' Sun 19th Sep: St Francis' Thu 23rd Sep: St Luke's Sun 26th Sep: St Luke's Tue 28th Sep: St Francis' Sun 3rd Oct: 8.30am St Luke's Sun 3rd Oct: St Francis' Thu 7th Oct: St Luke's Sun 10th Oct: St Luke's Tue 12th Oct: St Francis' Sun 17th Oct: St Francis' Thu 21st Oct: St Francis' Thu 21st Oct: St Luke's Tue 26th Oct: St Francis' Sun 31st Oct: St Francis' 10am Sun 31st Oct: St Luke's 3pm Service of light



This year we shall be celebrating Harvest Festival on Sunday 3rd October 10am St Francis' Church.

We shall be receiving items for the FoodBank as per the list in this month's newsletter on Sunday 26th September at St Luke's and also on Sunday 3rd October. Thank you.

# Service of Light...



This year we shall be holding a service of light on Sunday 31st October at 3pm St Luke's Church Duston. During this service there will be an opportunity to remember loved ones who have died, especially during the Pandemic. Names will be read out and candles lit in their memory. Please email Revd Mandy the names of those you wish to be remembered on aj.marriott123@gmail.com or drop a note of the names through the Rectory door, 3 Main Road Duston. Thank you

Why not join Revd Mandy for a cuppa and a chat?



# Want to talk?

Perhaps you would like to talk about a Baptism or a wedding, or perhaps there's a question you always wanted to ask about God or Church, or you may just want someone to talk to. If so, Revd Mandy can be found each week on Mondays from 6th September at:

Number 50 Tea Room 50 Main Road Duston from 11 am -12 Noon

No appointment necessary just turn up..

If you would prefer a home visit call Revd Mandy on 07898 364827

ISSUE IS	3) Where was the original Ten-	7) What year did the Queen
Quiz Time How well do you know Northampton?	Pin Bowling Alley located?A)Gold StreetB)Abington StreetC)Weedon Road	open the Tower? A) 1980 B) 1982 C) 1984
	<ul> <li>4) What stands in its place today?</li> <li>A) A store</li> <li>B) A bingo hall</li> <li>C) Is empty</li> </ul>	<ul> <li>8) What was the main ingredient sold</li> <li>by the market that was demolished to</li> <li>accommodate the present Bus station?</li> <li>A) Vegetables C) Bakeries</li> <li>B) Fish</li> </ul>
1) Whose statue stands above the entrance to All Saints Church?	5) Morrison's supermarket is on Victoria Promenade. What was there previously?	9) Charles Bradlaugh is commemorated in the town centre. Who was he?
<ul> <li>A) Charles II</li> <li>B) George III</li> <li>C) Henry VIII</li> </ul>	<ul> <li>A) A cattle market</li> <li>B) A railway station</li> <li>C) A car park</li> </ul>	<ul> <li>A) A local MP</li> <li>B) The Mayor</li> <li>C) A Doctor</li> </ul>
2) Why is it there? A) He was married there	6) The Express Tower is off Weedon Road. How High is it?	10) There was an incident in Gold St. in July 1942. What was it?
<ul><li>B) He is buried there</li><li>C) He donated to the town</li></ul>	<ul> <li>A) 127.5 metres</li> <li>B) 150 metres</li> <li>C) 418 feet</li> </ul>	<ul> <li>A) A fire</li> <li>B) A burglary</li> <li>C) A plane crash</li> </ul>

### Answers to follow next month!!

# --- Duston Dashers ----

Coming soon! Social running group for all levels of runners. Meet at Errington Park, Ryeland Road entrance car park.

Inaugural walk / jog / run, 09:00 on Sunday 12th September! (N.B.: may change to 08:00 depending on consensus). We'll start with 5k distance, and build up over 8 weeks! The aim is, get to Christmas and see what we have!

Any queries message me here or via 07485 784370.

Thank you. Keeeeep running! Lawrie



#### PAGE 4



### The Look of Love.

### **By Shirley Wills**

See Me in My loveliness Rest in My tenderness And I will love you for ever. Let My Spirit enter in Cleansing you from all your sin Then you will be Mine for ever.

I put My claim on you The day I died for you. And I will love you for ever. You are My darling child. I've called you to My side Now you are Mine for ever. My breath I breathe on you My peace I leave with you. And I will love you for ever. The Father's gift to Me For all eternity When you will be with Me for ever.

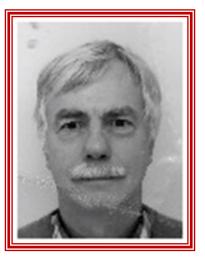
Look into My eyes Deep into My eyes What do you see All the love and pain In the world -All the love and pain In the world.

# Marriage At St Luke's

Praying God's Blessings on Christopher Prior and Nicole Morris married at St Luke's Church in July.



# Shared Interest. By R.J.Walker



HAVE YOU ever felt overwhelmed by poverty in the world and wondered how you can make a difference? Imagine you could use a small amount of spare money to help provide financial support to farmers in disadvantaged communities. By pooling funds from over 11,500 members throughout the UK, Shared Interest enables ethical investors to do just this. Last year alone, the organisation helped almost 400,000 individuals in 55 countries. And as it marks its 30th year, the social lender has received its third Queens Award for Enterprise in Sustainable Development, as well as being named a NatWest Impact Management Champion and listed as one of the top 100 social enterprises in the UK.

I joined Shared Interest and made my first investment in 1993. Wanting to spread the word about the organisation and its work after retirement in 2014 I became a volunteer ambassador. You may have read about Shared Interest in the Guardian newspaper or in the Big Issue, but if you haven't, here is a little more.



Shared Interest has its members at its heart. After all, without us, it would not have been able to lend money to 174 producer groups in 2019, supporting a range of fair trade products from hibiscus flowers in Burkina Faso and Nicaragua to maize and kidney beans in Rwanda.

With a regional team on the ground in Costa Rica, Kenya, Ghana, and Peru, Shared Interest has the local and cultural knowledge required to reach people in even the most remote communities. We know that some farmers, working outside fair trade, live on around 75p per day, well below the World Bank's extreme poverty line of about £1.40. For example, cocoa producers currently only receive about 6% of the value of the global chocolate industry.

This is why fair trade is so important. The Fairtrade label guarantees a fair minimum price for farmers and demonstrates organisations are following the ten Fair Trade Principles [see box)], including the assurance of no child labour. Fairtrade has the highest fixed Premium of any independent certification scheme in cocoa, and this money goes directly to the farmers' cooperatives on top of market price. The Premium is spent on improving the local community, such as building schools, or improving healthcare. In response to the coronavirus pandemic, the Fairtrade Foundation have made these guidelines more flexible so the Premium can be spent on helping communities protect themselves against Covid-19.

Developing world communities are dealing with the health and economic issues of the pandemic as well as coping with climate change impacts. Now more than ever, they need their businesses to survive. This may mean diversifying their product offering. Some handcraft organisations are beginning to produce and sell face masks. To do this, they may need new equipment, and of course, this means they must have access to funds.

Unfortunately, the interest rates for borrowing money in many developing world countries can be very high (up to 40% in some). With little or no security to apply for a loan from their local bank, how can they access capital?

Well, this is where Shared Interest fits in. Shared Interest pools my Share Account investment with those of other members to achieve their current £44 million in Share Capital.

To broaden its reach, Shared Interest now finances a small number of non-certified producers who comply with the Fairtrade Principles. Businesses supported range from individual producers to large scale coffee and cocoa co-operatives as well as buyers, to help fulfill their orders, pay farmers on time, or to purchase raw materials. One example is a group of mango growers in Burkina Faso, (see photo)



who were losing 80% of their crops as it took too long to get the mangos from field to market. A loan enabled them to buy drying machinery and later a lorry to transport their produce. Their production levels increased and so did their employment opportunities.

Shared Interest tells its members: "Your investment may not make you rich, but it will enrich the lives of others". I hope this article has given some insight into how this works.

You can open an interest paying Share Account with  $\pounds$ 100 and add further investment and withdraw funds should you need them again. Shared Interest acts co-operatively each member has an equal voice and vote regardless of account size. Visit their website (www.shared-interest.com) for more information.



More info on our Facebook and Website or contact us by phone if you are not online.

01604 583626 events@duston-pc.gov.uk www.duston-pc.gov.uk Facebook@DustonPC

### **DUSTON PARISH COUNCIL: Connect with us**

This month is a busy one, catching the last days of summer, clearing the garden for autumn and getting the kids ready to go back to school. We hope you are all well and settling into your new normal.

Here's how you can connect with us during September;

### THE GROW TOGETHER ALLOTMENT – Thu 16 September 10-2

Our allotment has been incredibly productive this year; not just with flowers, fruit and veg but in nurturing new experiences and friendships too. As ever, all ages and abilities are welcome. You choose for how long.

Please call to register so we know you are coming <u>jenny@cypn.org</u> or call 01604 583626.

### LIVE WELLBEING TALK – DEMENTIA: A GUIDE TO SERVICES AND SUPPORT Drop in between 2 & 3pm

DPC and St Luke's PPG welcome you to our next FREE health talk. We will be hosting this in person, where Suzanne Whatling will be on hand to give advice and guidance on the wealth of support services available to assist those living with Dementia or supporting someone who is. This is an informal drop in session. Covid control measures will be in place.

Register your interest or get more info by emailing <u>events@duston-pc.gov.uk</u> or call 01604 583626

### **SPRING INTO 2022**

We will be out and about later this month tidying up and planting bulbs around the village. Can you help? Is there a spot in Duston that needs a bit of cheer or could benefit from a Womble visit? Would you like to join us in making Duston look even better?

Give us a call, whether you have volunteered with us before or would like to , we would love to hear from you. Please email <u>bcdm@duston-pc.gov.uk</u> or call 01604 583626

01604 583626 <u>www.duston-pc.gov.uk</u> Facebook@DustonPC

# Penny's Drop In (a spiritual journey)

This week a neighbour very kindly gave me some books about the history of Northamptonshire. Glancing through them, I read of Duston in Roman times, when apparently there was a thriving community covering about 20 acres, mentioning the Quarry area, and items that had been found. Local historians will no doubt be able to enlighten me on this fascinating concept.

Also, this week, the reading at the Sunday morning service at St. Francis was about having spiritual armour, -

### Ephesians Chapter 6, v. 13-18.

(13) Therefore put on the full armour of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. (14) Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, (15) and with your feet fitted with the readiness that comes from the gospel of peace. (16) In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. (17) Take the helmet of salvation and the sword of the Spirit, which is the word of God.

(18) And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people.

This was accompanied by a picture of a Roman soldier. It all put me in mind of the Roman occupation of Israel when Jesus walked the earth. I seem to be having a Roman week!

Those few verses are a great inspiration for the soul, and we do not have to don the uniforms of Roman soldiers, -an amusing thought- to follow them.

### Jane

metal jacket was heavy, the metal strips allowed the soldier Soldiers had to help each other put on and lace up their armor.

A plate of armor made of metal strips tied together with leather straps protected the upper body. Although this metal jacket was heavy, the metal strips allowed the soldie

Under his metal jacket, the

some free movement.

soldier wore a tunic of wool

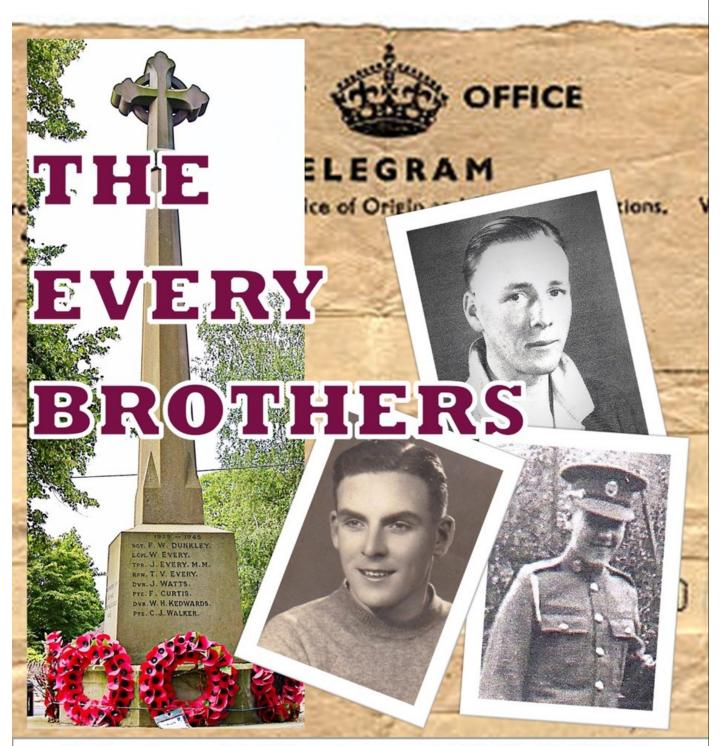
Soldiers carried metal-tippedthrowing spears short, double-edged swords, and daggers

This belt, or apron. of leather strips protected the lower body. Heavy weights on the bottom of each strip kept the strips in place.

> To improve the sandals, nails grip of his heavy were driven into the underside of the soles and broker into studs.

> > 51a2a77a8 jpg

The soldier's rectangular shield was made of many layers of thick wood wrapped in leather with an iron rim at the top and bottom. The soldier's. heavy pack held his personal gear, enough grain for about 15 days, a pick, axe, or saw, cooking utensils, and the stakes needed to build a camp.



Brothers Tom, Jack & William Every were all killed in World War 2 and are commemorated on Roade war memorial - this is their story





# Dementia; A guide to services and support available



with Suzanne Whatling, Dementia Support Worker

Free information, help and advice at this drop in session

Duston Community Centre, Pendle Rd, NN5 6DT

Covid control measures in place

Contact events@duston-pc.gov.uk or 01604 583626 to register your interest or for more info

Duston Parish Council working in partnership with St Luke's PPG



T: 01604 583626 E: bcdm@duston-pc.gov.uk www.duston-pc.gov.uk



# **Duston FOOD BANK Needs you!**

### TOP ITEMS TO DONATE:

- Washing-up liquid
- Toilet roll
- Deodorant (men's / ladies')
- Household cleaning sprays (not bleach)
- Multi bags of crisps
- Chocolate & biscuits for treats (individually wrapped ie Club / Kitkat etc)



Remember YOU may also need the Food Bank!



Duston United Reformed Church (URC) works with Re:store to offer a food bank on Saturdays 10:00 to 12:00.

They have a band of 8 volunteers who last month helped 45 families. Situated opposite the Bakery in Main Road Duston, they are open on Saturday mornings from 10.00 until noon to provide ready packed groceries. They also have household products, personal hygiene items, nappies/wipes, baby food and a treats box from which you may chose additional items.

PLEASE if you need some help, come and see us. You will be assured of a confidential, warm and friendly welcome. If you know of anyone who could do with a helping hand, please tell them about us. During the current pandemic, we follow COVID guidelines, please wear a mask. One person at a time, unless you have children with you, in which case you may bring them in with you. A one way system is in place.

### Thank you very much

### Donations

URC-Sat & Mon (10:00-12:00)

St Luke's & St Francis' churches (on days when there are services)

St Luke's Rectory – 3 Main Road



### Helping to connect Church and Community groups together for the wellbeing of all

### **Community Connect**

- The Rectory
- 3 Main Road
- Duston

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- NN5 6JB
  - Email: aj.marriott123@gmail.com

We aim to get Community Connect out by the first week of each month, so articles for the following month need to be submitted by the beginning of the last week of each month. They can be emailed to Rev'd Mandy Marriott at aj.marriott123@gmail.com or put through the Rectory door 3 Main Road Duston NN5 6JB.

This is your community newsletter so keep your articles coming in.

We love to hear from you.

We currently don't charge for Community Connect but if you would like to make a donation towards printing costs then we would be very grateful. Donations can be made by cheque to Duston and Upton PCC or by BACS transfer to Duston and Upton PCC Acc number 32599613 Sort Code 23-05-80. **Thank you.** 



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