



HELPING TO
CONNECT CHURCH
AND COMMUNITY
GROUPS
TOGETHER
FOR THE
WELLBEING
OF ALL

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Community connect

ISSUE 17

NOVEMBER 2021

Rev'd Mandy writes...

In London, near Trafalgar square, stands the Church of St Martin in the Fields. This Church has for many years worked with homeless and vulnerable people in central London and also individuals and families in need all over the UK, many threatened by homelessness or with experience of being homeless.

The Church bears the name of St Martin who as a saint is remembered on 11th November each year. It is Martin's story which inspires the work of this famous London Church.

St. Martin of Tours (A.D. 316-397) was born as the son of a senior military officer of the Roman army. Attracted by the Christian doctrines, he went to the church as a candidate for baptism (catechumen) at the age of ten, even against the wishes of his pagan parents. At the age of fifteen he had to join the military and became a soldier.

On a bitterly cold winter day, he was passing through the city gates of Amiens. He saw a scantily dressed poor beggar, shivering in

the snow storm. No one cared for him. Out of compassion, Martin cut his fine military cloak into two pieces with his sword. He gave one piece to the poor man who thankfully wrapped himself with it as a shawl. Martin covered himself with the other half.

That night, Martin had a dream. Jesus appeared before him, dressed in the half-cloak which he had gifted to the beggar. Jesus showed the mantle and said to the surrounding saints and angels "Martin, as yet only a catechumen, has covered me with this cloak."

Martin remembered the words of Jesus: **"I tell you, whenever you did this for one of the least important of these brothers of mine, you did this for me"** {Matthew 25: 40}. He was soon baptised. He renounced the army and announced that he would be a soldier of Christ. He spent the rest of his life as a zealous missionary, preaching the word of God and suffering humiliation and punishment to uphold his faith. He lived as a monk and formed the first monastery

in France. Later he was ordained as the Bishop of Tours. He led the fight against heresy. He is a patron saint of soldiers and of France.

Martin's story reminds us that 'no man is an island entire of itself that we all are connected to each other as part of the human family here on earth and we have a duty to care for our fellow human beings wherever they are.

Even and especially in this season where we face financial struggle, may we never overlook those who go hungry and are without the basic necessities of life.



A good turn by Carol Kirk

Saturday morning- Flu jab at doctors.
Couldn't park in Disabled spot, all taken.

I was parking, trying to give myself more free space on my right to get out; it was taking a few manoeuvres when a tap

came on my window. A gentleman had seen my dilemma and offered to park for me.

Took my things I needed out of my car. He parked up, passed my keys over and was on his way.

Keep your faith in human nature. A Good Samaritan.





Service rota for November/December

Please note: **There is now an additional 8.30am service of Holy Communion on the first Sunday of the month at St Luke's. All other services are at 10am unless otherwise stated.**

Thu 4th Nov St Luke's
 Sun 4th Nov 8.30am St Luke's
 Sun 7th Nov St Luke's
 Tue 9th Nov St Francis'
Sun 14th Nov Remembrance Sunday 10am Ser-

vice of Remembrance at St Luke's

10am Service of Holy Communion at St Francis'

Thu 18th Nov St Luke's
 Sun 21st Nov St Luke's
 Tue 23rd Nov St Francis'
 Sun 28th Nov St Francis'
 Thu 2nd Dec St Luke's
 Sun 5th Dec 8.30am St Luke's
 Sun 5th Dec St Luke's
 Tue 7th Dec St Francis'
 Sun 12th Dec St Francis'

Thu 16th Dec St Luke's
 Sun 19th Dec St Francis'
 Sun 19th Dec St Francis' **6pm Open air** Community carols
 Tue 21st Dec St Francis'
Fri 24th Dec Christmas Eve 11.30pm St Luke's
Sat 25th Dec Christmas Day 10am St Francis
Sun 26th Dec Boxing Day 10am St Luke's
No mid week services
 Sun 2nd Jan 8.30am St Luke's
 Sun 2nd January St Francis'

The Children's Society – collection boxes



We usually collect your donations during November so that we can forward the money to them before Christmas.

To avoid having to handle cash we would again ask you to either pay direct to the Society (we can let you have the details) or let us have a cheque, payable to "The Children's Society" for us to forward.

However, we appreciate that some people would prefer to donate cash so, If this is your preference, please let us have your box in due course.

If you are not currently a contributor but would like to donate please contact us for information.

Thank you to everyone who donates: Molly and Ian

Duston Dashers

We're a Social Running Group!
 We meet every Sunday morning at Errington Park, 08:55 for an 09:00 start.

All runners are welcome for a nice chatty Sunday run, whether you're in training, want to get active or 'dust down' your trainers!

Come and join us, and we enjoy a nice well-deserved cuppa and a natter at the end.

Any questions please get in touch, DM via Duston Dashers FB page or direct on: **07485 784370**

Lawrie





Duston by Starlight

**Community Carols &
Festive Readings around
the christmas tree
outside St Francis' Church,
Eastfield Road, Duston**

Sunday 19th December 6pm
refreshments served from 5.45pm

We have been supported by: The Wellbeing Cafe,
P Golding Butchers, Bargain Booze, Pineapple Hair Studio,
Duston Pet Shop, Temple of Vape, Jan, Duston Parish Council

Join us for
CHRISTMAS
at St Luke's



Saturday November 20th

11am - 4pm

St Luke's Centre, Main Road, NN5 6JB

Local Makers ★ **Craft Activities**

★ **Gift & Food Stalls** ★

★ **Festive Music** ★

★ **Free Entry** ★



DUSTON PARISH COUNCIL

Contact us for more info or to book a stall
T: 01604 583626 | E: events@duston-pc.gov.uk
or visit our website www.duston-pc.gov.uk



Duston PC



@duston_pc

Find the towns in this UK wordsearch!

V R U N L C T L I N C O L N F F P L Y M O U T H U S F O P S E E X
 L E E D S Y C O V E N T R Y J X P R E S T O N N B H C C E T A L J
 Z G Y O G J B E L F A S T H S T I R L I N G U W T E A I R A R Q Y
 Q I A N N E W C A S T L E U P O N T Y N E W K N T F N T T L M C S
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 M M Z P J Q L I S B U R N X S L E W T X J O B D U J N R R D O R D
 S A L F O R D A B E R D E E N J D N H L N D L L C S T K K E T D U

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|-----------------|---------------------|---------------------|--------------|----------------|
| ABERDEEN | CHESTER | HEREFORD | NORWICH | ST ASAPH |
| ARMAGH | CHICHESTER | INVERNESS | NOTTINGHAM | ST DAVID'S |
| BANGOR | CITY OF LONDON | KINGSTON UPON HULL | OXFORD | STIRLING |
| BATH | CITY OF WESTMINSTER | LANCASTER | PERTH | STOKE ON TRENT |
| BELFAST | COVENTRY | LEEDS | PETERBOROUGH | SUNDERLAND |
| BIRMINGHAM | DERBY | LEICESTER | PLYMOUTH | SWANSEA |
| BRADFORD | DERRY | LICHFIELD | PORTSMOUTH | TRURO |
| BRIGHTON & HOVE | DUNDEE | LINCOLN | PRESTON | WAKEFIELD |
| BRISTOL | DURHAM | LISBURN | RIPON | WELLS |
| CAMBRIDGE | EDINBURGH | LIVERPOOL | SALFORD | WINCHESTER |
| CANTERBURY | ELY | MANCHESTER | SALISBURY | WOLVERHAMPTON |
| CARDIFF | EXETER | NEWCASTLE UPON TYNE | SHEFFIELD | WORCESTER |
| CARLISLE | GLASGOW | NEWPORT | SOUTHAMPTON | YORK |
| CHELMSFORD | GLOUCESTER | NEWRY | ST ALBANS | |



From Revd Richard Kellow

Since the easing of pandemic restrictions, I've been undertaking a 200 hour placement at St Andrew's Hospital as part of a qualification in pastoral care and healthcare chaplaincy. You will probably know that St Andrew's care for some of those with the most complex mental health difficulties. This is in addition to continuing work in the

parish, being involved in curate training in the Diocese, a volunteer chaplain to Northants Fire Service and a Locum Chaplain at NGH.

Chaplaincy is an area to which I have felt drawn and which I have had agreement from Bishop Donald to pursue. As my placement at St Andrew's comes to an end I have been

invited to continue as an Honorary Chaplaincy Assistant there for approximately two days a week and the Bishop has given permission for this.

Inevitably this means that I am less visible in the parish, however I am still here and available for you – drop me an email or give me a call on 806482.



A Child's faith

A true story by Mary Gardner.

Dad took six year old Bobby and Claire aged eight to town to buy them a pet each. Claire chose Jenny, a black rabbit and Bobby, BoyBoy, a ginger guinea pig. They soon settled into a large hutch and became part of the family.

One morning BoyBoy was really ill, so after school it was a trip to the vet, who said, 'Rabbits and Guinea pigs should never be housed to-

gether and BoyBoy has possibly been kicked. Keep him quiet and see how things go. 'She looked at Mum and sadly shook her head. Back home Mum lined a basket and gently laid BoyBoy in. 'What can we do?' said a tearful Bobby. 'There is one thing we can try,' said Mum. 'Sit by the basket.' Gently Mum laid her hand on BoyBoy's back. 'Now put your hand on mine Bobby, now Claire's, now Dad's. All close your eyes and we'll pray for him. It's all we can do.'

Next morning BoyBoy was




still alive and Claire and Bobby went off to school a little happier. After school, Bobby came home with several of his classmates. One little girl said, 'We've come to see the sick Guinea Pig.' Mum replied, 'He's in your room Bobby. Go and see him, but don't move him.'





The children went off and a few moments later all went quiet so Mum crept to the bedroom and peered in. All the children were sitting on the floor around the basket and all had their hands over BoyBoy, their eyes tightly closed and they were praying for that little Guinea Pig.


Was it a child's faith or coincidence, but against all odds, BoyBoy made a full recovery

Come join us at St Luke's Church on Sunday 21st November 2 - 4.30: SALE

CRAFTS  
TEAS 

CHRISTMAS GIFTS  
HOMEMADE SOUP 

BOOKS / JIGSAWS  
CAKE  

SUNDAY 21st NOV 2.00-4.30pm, at St. Luke's Church. |All welcome! 

Royal British Legion



As we reach November, we notice that the days seem shorter and darker with the onset of Winter. Many people miss the brightness of the Summer sunshine and it is well documented that the lack of light over the winter months can cause people to feel depressed.

As well as living with longer hours of darkness we are also aware that our world can sometimes seem a very dark place in other ways too.

Remembrance Sunday, this year falls on the 14th November and is a day for the nation to remember and honour those who have sacrificed themselves to secure and protect our freedom.

At St Luke's Church in Duston the

Duston and District Branch of The Royal British Legion will be holding their annual service of Remembrance at 10am.

We shall remember those who have fought and who are fighting still and also, their family members and loved ones. We remember what they have sacrificed and given up for our country. Remembering ensures that no-one is forgotten as the nation unites to honour all who have suffered or died in war.

There is no doubt that the wars of history have highlighted extreme evil and suffering. But in the midst of the darkness of war there have been many beacons of light which have given hope. I am reminded of a saying 'It is better to light a candle than curse the darkness.'

This year we shall be reflecting on the work of our armed forces and how they are responsible not only for the safety and security of the

UK but also have a huge role in carrying out peacekeeping duties as well as things like providing humanitarian aid.

Be Proud of those who help and serve

Think of Others in need

Remember People who suffer because of war

Reflect how Peace is important

And that it begins with You



Autumn... by Shirley Wills

The colours of Autumn are wonderful and uplifting, don't you agree? But Spring, Summer, Autumn and Winter all have their special qualities.

Through each year that passes the beauty of each season reminds us of God's love and care for each one of us FOREVER.

As the seasons change, so is my love for you.
As the lark soars high in the sky
When the warm winds blow, so blows my peace o'er you.
as the Autumn leaves flutter and die.
In the Winter snow don't harden your heart t'wards me.
Let me melt your life into Mine.

You are in My care and I love you constantly.

Changeless, changeless am I

In a changing world

Changeless am I.





DUSTON PLAYERS PRESENT

A Christmas Carol

**Authentic Victorian Magic Lantern show
with Charles Dickens and Friends!**

WED 8 - SAT 11 DEC 2021, 7.30PM

DUSTON COMMUNITY CENTRE TICKETS: £8

www.dustonplayers.org.uk

www.ticketsource.co.uk/duston-players

Box Office: 07464 859 017



PLEASE JOIN US for our next
**VIRTUAL HEALTH &
WELLBEING POP UP**

Thursday 18 NOVEMBER 2021 | 7pm - 8pm

**'Irritable Bowel Syndrome and
Irritable Bowel Disorder Awareness'**

with Dr Udi Shmueli

*CONSULTANT PHYSICIAN & GASTROENTEROLOGIST
at BMI Three Shires*

A FREE, informative presentation giving help and advice

**Hosted via
Microsoft Teams**

**Pre submit any questions
to [bcdm@duston-
pc.gov.uk](mailto:bcdm@duston-pc.gov.uk)**

For more info and to register, go to
<https://ibs-ibd-aware.eventbrite.co.uk>

Duston Parish Council working in partnership with St Luke's PPG



**T: 01604 583626
E: bcdm@duston-pc.gov.uk
www.duston-pc.gov.uk**





DUSTON PARISH COUNCIL

More info on our Facebook
and Website or contact us by
phone if you are not online.

01604 583626

events@duston-pc.gov.uk

www.duston-pc.gov.uk

Facebook@DustonPC

DUSTON PARISH COUNCIL: Connect with us

We hope you are all well and keeping cosy as the temperature starts to dip. There is still plenty to look forward to this month. Here's how you can connect with us during November;

THE GROW TOGETHER ALLOTMENT – Thu 18 November 10-2pm

We will be harvesting the last of the veg on the allotment this month ready to manure the beds. An end of season clear out of the shed, greenhouse and potting shed and clean-up of the tools will make sure we can put the plot to bed and look forward to some arm-chair gardening for the next couple of months. As ever, all ages and abilities are welcome, you choose for how long. Please call us or email jenny@cyphn.org to register so we can let you in!

DUSTON REMEMBERS

You will no doubt have noticed the poppies on the Main Road lamp posts and our magnificent cascade on the bank at St Luke's. There is still time for you to make us a poppy to add to our Duston Remembers display. It can be your name, group or organisation or a dedication to a lost one. Remembrance church services at St Luke's and Duston URC will take place on 14th November and Duston Parish Council will be laying a wreath at the war memorial. www.duston-pc.gov.uk/duston-remembers

WELLBEING TALK – Thursday 18th November

DPC and St Luke's PPG welcome you to our last talk of this year. Unfortunately, our scheduled IBS/IBD zoom talk has had to be postponed again but we are working hard to provide an alternative. Keep an eye on our noticeboards and website. We would love to hear from you if there is a particular subject you think we should cover in our programme for 2022. Register your interest or get more info by emailing events@duston-pc.gov.uk or call us.

DUSTON is BLOOMING GREAT!

We want to say a MASSIVE thank you to the groups and individual volunteers that have offered to help us Spring into 2022 by planting 500 daffodil and tulip bulbs around the village. We look forward to a colourful display next year. Duston Parish Council recently purchased extra litter picking equipment for the Wombles so that they can continue to improve the look of our village so a HUGE thank you to them too. We will be planting trees for the Queen's Green Canopy and have big plans to further enhance the village in 2022 so do get in touch if you wish to be involved. Please email bcdm@duston-pc.gov.uk or call us.

CHRISTMAS AT ST LUKE'S – Saturday 20th November 11-4pm

We are looking forward to restoring a bit of normality by holding a live Christmas Market. We have 2 rooms bursting with handcrafted and festive items for you to get a head start on the Christmas shopping. There will also be festive music, food and drink and free craft activities for the children. Warm yourself up with an amazing hot drink from local lads Nuts for Your Coffee and a hot turkey bap from GJ Catering. See you there.

#DUSTON TOGETHER

Do you run or belong to a group or organisation, own a shop or business or provide a service that operates in Duston? We want to hear from you so that we can add your details to our directory. We already have almost 300 listings but are looking to expand that to provide a central point of information for the benefit of all. Please call the office and ask for Sarah or complete & return the capture form in this newsletter to events@duston-pc.gov.uk Please pass this info onto others that may benefit. Thank you.

01604 583626

www.duston-pc.gov.uk

Facebook@DustonPC



We are currently working on our **Duston Together** initiative; a 'go to' information network of services, organisations, activities and businesses that operate within the village. If you are not already featured on our website directory, or know of groups that operate from your premises, then please pass it on. Completed forms to be returned to the parish office or emailed to events@duston-pc.gov.uk

Name of organisation/business/service etc:	
Organisation Type:	Community/Business (please circle)
Description: Tell us a bit about what you do	
Contact Name:	
Full postal address:	
Contact Email:	
Contact Telephone Number:	
Website or Social Media Page:	
Category: See our directory for options; https://www.duston-pc.gov.uk/findmynearest.html	

THANK YOU

Duston Parish Council
Duston Community Centre, Pendle Rd, NN5 6DT
01604 583626
www.duston-pc.gov.uk

Shedversation. A Story—Part Two

Scams, or ways of defrauding people of their money, have come a long way from when a person with a van would knock on your door and offer to do some 'essential roof work' that they had spotted needed doing for £100. After providing this 'service' they would come to ask for more money, since the £100 was only a 'survey fee.' It was then that they would offer to drive the victim to a cashpoint to withdraw the necessary extra money. If this failed, pressure would be put upon the victim to pay up or their 'illegal roofing' might have to be reported to the authorities. Other methods of intimidation, and even violence have sometimes been used to extract cash. Whilst this method of getting money is, unfortunately still used, other, newer, ruses are in use on the internet.

My favourite one at the moment is where a person phones and says "There is a problem with your computer and we need to run some tests." If the victim permits access to their computer they can hijack the computer for nefarious purposes.

Last time I was talking about online dating scams but there are some other scams that go on too:

Report it

If you've been a victim of a scam, you can report it to the police through [Action Fraud](#). They could catch the scammer and stop somebody else falling victim to them later down the line.

How to report a scam or fraud

Scams and fraud are on the rise, and if you're unlucky enough to be caught up in one, the best thing you can do to begin the recovery process is to report it. Here's what to do:

What to do straight away

Before you report a scam or fraud, and you think you might have been scammed yourself, there are two things you need to do:

- 1) Stop sending money straight away. If the payment has been set up as a Direct Debit, get in touch with your bank to stop this immediately.
- 2) Beware of follow-up scams. Sometimes after you've initially been scammed you might get targeted again by a fraudster who says they can get your money back.

Report dangerous scams and fraud to the police

For most scams, you would first go to [Action Fraud](#). If a scam is putting you or someone else in danger and it's an emergency though, you need to call the police on **999**.

You should also call the police if:

- A fraud is in progress or occurred within the last 24 hours
- You know the suspect and they live in the UK

Shedversation. A Story—Part Two continued

- The victim is vulnerable because of age, mental or physical impairment, or in need of care and support
- You think the police need to preserve evidence or prevent loss, such as CCTV, or recover large amounts of money transferred from bank accounts before it can be transferred away.

Report scam emails and online fraud

Trying to con people using emails or websites is becoming popular. If you've found a website trying to do this, or have been caught up in a scam, here's what to do:

- If you got an email, you can contact the service provider that sent you the email, such as Yahoo! or Outlook.. Some will often have a 'Report phishing' or 'Report scam' button. The email address can then be closed down.
- If it's a website or you've been caught in a scam, report it to [Action Fraud](#). They have an [online reporting tool](#) that is quick and easy to use.
- You can also report the fraud to companies that are advertising fraudulent services, such as when adverts appear on Google or Bing.
- Sometimes fraudsters impersonate organisations, such as pretending emails or phone calls are from HMRC. You can contact the companies that are being impersonated as well.

Financial service scams, including mortgages and insurance

Almost all financial services – services that deal with shares, credit, insurance, mortgages and soon on – should be authorised or regulated by the Financial Conduct Authority.

- If you are targeted by an organisation trying to give you these kind of services, you can report them to the Financial conduct Authority.

Pension scams

Pension scams are some of the most dangerous types of fraud because they're targeting large sums of money, money that is people's life savings.

- If you've already agreed or signed something you're now not sure about, get in touch with your pension provider straight away. They might be able to stop a transfer before it happens.
- You can also report investment scams you've been the target of to the FCA using their [reporting form](#).
- If you have lost money to a suspected investment fraud, you should report it to Action Fraud on **0300 123 2040** or use the Action Fraud [online reporting tool](#).
- If you have doubts about what to do, ask a pensions specialist such as MoneyHelper. Call them on **0800 011 3797** or visit the [MoneyHelper site](#) for free pensions advice and information.

Report investment scams

Much like pension scams, these can be very scary for people as the sums of money involved are often very large.

- Report a scam you think you've been the target of to the Financial Conduct Authority FCA's [reporting form](#).

Shedversation. A Story—Part Two continued

- If you've lost money to an investment fraud, you should report it to Action Fraud on **0300 123 2040** or online using the [Action Fraud reporting tool](#).

Report scams that use Royal Mail

You might also have received fraudulent papers in the post. There are a few steps you can take. You can:

- Forward the letters to Royal Mail with a covering letter explaining what's happened to: Freepost Scam Mail, PO Box 797, Exeter EX1 9UN
- Send an email scam.mail@royalmail.com or call **0345 611 3413** explaining the fraud
- Contact The Mailing Preference Service (MPS) who will remove your name and address from mailing lists. You can call them on **0845 703 4599** or use the [MPS website](#)
- A favourite scam using Royal Mail's name at the moment is to send you a text advising that you have to pay an additional fee to receive your parcel. This involves handing your bank details over.

Report scam phone calls

If you suspect you're being targeted by a premium-rate telephone service scam:

- You can make a complaint and report it to the Phone-paid Services Authority (PSA), the UK regulator for phone bills, by calling them on **0300 303 0020**, or by visiting the [PSA website](#).

Report online shopping scams and payment fraud

It can sometimes be difficult to work out if you've been the victim of a scam or not. But, if something goes wrong with an online purchase, here are the steps to take:

- If you've been sent a defective item, or the wrong product, get in touch with the online seller you got it from.
- If you don't hear back, or you're not happy with their response, you should contact your card provider, for example VISA or Mastercard.
- If you don't remember making a purchase and think it could be someone using your card for fraud, let your bank know straight away. They can then block the card so no more payments can go through. You'll normally get your money refunded back from your card company if your card details are used online without your permission for fraud.
- If you think you've been targeted by a scam you can also report it to Action Fraud on **0300 123 2040** or use [Action Fraud's online reporting tool](#).
-

Knowledge is power. I hope this knowledge will be useful to you. If you have any comments on this article, please contact the Community Connect Editor and I will try to answer them.

From Parish Administrator to Job Coach at The Bee Hive!



Sadly Covid brought a premature end to my role as Parish Administrator, so with a heavy heart and the mutual agreement of the Clergy and Churchwardens I started looking for another job. I loved my role and am grateful for the opportunities it gave me for over 7 years. I'll still be active within the church, on the PCC, St. Luke's Committee, fundraising and of course bell ringing, so you're not losing me completely!

I am thrilled to say that on the 1st September I started a full time position of Job Coach at The Bee Hive (the Sixth Form provision of the Northgate School Arts College for young people with learning disabilities and associated physical difficulties). I'm so excited because I'm sharing all my practical and creative skills! I usually work in the Café and Charity Shop on Tuesdays and Wednesdays and the Horti-Hub/Garden Shop

on Thursdays to Saturdays teaching the students employment and vocational skills and I love it! We also have The Place to Bee (café) and Sweet Bee (sweet shop) on Harborough Road.

The café serves a lovely selection of savoury and sweet treats, all of which are homemade, and there are great bargains to be had in the charity shop! The garden shop has a super range of Autumn/

Winter bedding plants, bulbs, giftware and we are excitedly awaiting our Christmas delivery! Nearer Christmas there will be beautiful planted baskets/ planters, wreaths and festive gifts.

Please come and visit us, we're open Monday - Friday 9.30am - 3.00pm and Saturdays 10.00am - 2.00pm.

For more information take a look at our Facebook pages!



The Bee Hive Christmas Craft Fayre



Saturday 13th November
10.00am-3.00pm

DONATIONS URGENTLY NEEDED FOR OUR CHRISTMAS RAFFLE!

If you have any unopened gift sets, bath sets, candles or bottles of wine you can spare. We would be exceptionally grateful.

Apart from our raffle, there will also be a variety of festive stalls and a seasonal menu at our café. The Horti Hub Garden Shop and Charity Shop will be open as usual and we are expecting a special visit from Santa!

The Royal British Legion

Every day, our Armed Forces community make sacrifices on our behalf.

The Poppy Appeal and every poppy makes a difference to the lives of our Armed Forces community.

Remembrance has been part of the fabric of our shared history, and today it continues to unite people across all backgrounds and generations. 100 years on, your support is as vital as ever as the impact of Covid-19 continues to leave some people we support in urgent need of our help. Every person, every donation and every poppy counts.

Many people ask, where does the money raised go.

The Royal British Legion provide lifelong support to serving and ex-serving personnel and their families. We provide support for members of the Royal Navy, the British Army, Royal Air Force, veterans and their families.

Our support starts after one day of service and continues through life, long after service is over.

From providing expert advice and guidance, to recovery and rehabilitation, through to transitioning to civilian life – we can be by their side every step of the way. And it's not just members of the Armed Forces but their families too.

If there is ever a reason we can't help, our vast network will mean that we know someone who can.

We are the country's largest Armed Forces charity, with 180,000 members, 110,000 volunteers and a network of partners and charities; helping us give

support wherever and whenever it's needed.

We campaign on behalf of the Armed Forces community to help improve their lives and make their voice heard.

We champion interests of serving and ex-serving personnel and campaign on key issues to help improve their lives and make their voices heard. We often call on members of the public to add their support, helping us make a real impact.

Supporting veterans and their families in debt and emergency situations, the Royal British Legion provides vital support for the Armed Forces community.

From providing dedicated care homes for older veterans, to support for carers, to helping ex-serving personnel and their families to live safely at home – we're here to help people live on through life.

Our team can provide practical support as well as advice and guidance to make sure they can access the services they need.

For the past 100 years, and for the next, we will always ensure our veterans get the support they deserve when they leave the Armed Forces.

We have six care homes across the country for the Armed Forces community and their families.

Our homes, including five with specialist dementia care, and are designed to be a home from home for our residents and visitors.

We're here to support the Armed Forces community maintain their independ-



ence and stay safe in their own home.

From small home adaptations, to installing personal alarms, or support with funding for new equipment, we can help.

Our team are based across the UK and, as well as home maintenance and repairs, we can also provide support to access the services that might be needed.

This year 40,000 volunteers across the country will be collecting donations for the Poppy Appeal and runs from 28th October – 14th November 2021.

The Duston & District branch will be selling poppies at Sainsbury's, Sixfields and Rothersthorpe Services. However, poppies will be available at many local shops, businesses and schools.

If you feel you could help to sell poppies at one of the above locations, (you don't need to be a member) please call 07464 333 509 or email pao@dustonrbl.co.uk. Thank you.

The local service of Remembrance to be held at St Luke's Church, Duston will be at 10.00 am on Sunday 14th November 2021.

Annual Service of Remembrance

Please note that our annual service of Remembrance will be on Sunday 14th November at 10am St Luke's Church Duston.



Duston FOOD BANK Needs you!

Top items to donate:

- ◆ Washing-up liquid
- ◆ Toilet rolls
- ◆ Deodorant (men's / ladies')
- ◆ Household cleaning sprays (not bleach)
- ◆ Long-life milk
- ◆ Sugar

Also needed Christmas donations during November and early December:

- ◆ Advent Calendars
- ◆ Christmas tree chocolates
- ◆ Christmas puddings small/large
- ◆ Chocolate biscuits (individually wrapped)



Duston United Reformed Church (URC) works with Re:store to offer a food bank on Saturdays 10:00 to 12:00.

They have a band of 8 volunteers who last month helped 45 families.

Situated opposite the Bakery in Main Road Duston, they are open on Saturday mornings from 10.00 until noon to provide ready packed groceries. They also have household products, personal hygiene items, nappies/wipes, baby food and a treats box from which you may chose additional items.

PLEASE if you need some help, come and see us. You will be assured of a

confidential, warm and friendly welcome. If you know of anyone who could do with a helping hand, please tell them about us. During the current pandemic, we follow COVID guidelines, please wear a mask. One person at a time, unless you have children with you, in which case you may bring them in with you. A one way system is in place.

Remember
YOU may also
need the Food
Bank!



Thank you very much

Donations

URC—Sat & Mon (10:00—12:00)

St Luke's & St Francis' churches (on days when there are services)

St Luke's Rectory – 3 Main Road

HEDGEHOGS.

We are fortunate enough to have in our community a little creature which has lived on our planet in its current form for 65.5 million years. However, now, solely because of human activity, it is on the Red List of Endangered Species. This little creature is the Hedgehog.

We do, however, have it in our power to help remedy this situation before it's too late, just by changing some of our behaviours in and around our homes and in the community generally. By checking carefully before we trim or mow long grass; before we trim any overgrowth at ground level, including shrubs, blackberry bushes (brambles); making sure there is no nesting hedgehog camouflaged by the undergrowth- they are very well hidden by grasses and blend so well in to that type of habitat that careful checking will undoubtedly save Hedgehog lives.

They also do not run when frightened suddenly- they have a tendency roll into a ball, and try to protect themselves that way. Clearly a small hedgehog, however tightly they roll up, is no match for metal blades or strimmer wires.

Slug Pellets are still being used, these are toxic not only to slugs, but to every small creature in the garden, including birds and mice. Hedgehogs eat mice, worms, slugs and various other garden creatures. They will eat dead creatures and if these creatures are poisoned, then the hedgehogs will also die a slow painful death from their meal. These pellets are also dangerous to pets.

Nematodes are now easily bought, and only see off the slugs, no other creature will be harmed by the use of a nematode.

November means bonfires, and woodpiles are a prime place for hedgehogs to nest. It is advised by the British Hedgehog Preservation Society, (BHPS), to move the woodpile piece by piece before lighting it then any hidden 'hog can make its escape and not be roasted alive.

Similarly, check before burning garden waste, or lighting a fire pit, now quite popular it seems. The danger to Hedgehogs - and other small creatures, including birds- from household waste is well documented.

Hedgehogs trapped in plastic can holders used by shops to hold 4 cans together has been warned about for years, yet still people are not cutting these items to make them safe before disposing of them. Similarly with the elastic loops on the masks we are now so used to seeing discarded willy-nilly around the streets. Birds and hedgehogs with their heads and bodies stuck in these things are becoming ever more frequent. Just a bit of thought before disposing of these things would make a world of difference.



Across the country communities are creating 'Hedgehog Streets', making small holes at the bottom of fences in gardens, both public and private, so that the Hedgehogs can roam their areas in safety without having to go into busy roads- where so many die- to walk their nightly miles across their roaming areas which we have built on. Just a hole the size of a CD case, 3 sides, roughly 7 cms will do perfectly. In Duston, it is noticeable that more and more fences are being installed with thick concrete bases. These are not helpful to Hedgehogs at all, obviously. Just a bit of thought before sealing every aspect of the boundary wouldn't go amiss.

As David Attenborough has said: "Sometimes we need to take a step back and just remember we have no greater right to be here than any other animal". That thought in our heads would indeed do the natural world a huge service. Thanks to BHPS for their help with information and advice. All information regarding Hedgehogs is available on line and in Libraries.



PLEASE DON'T LITTER

Before throwing away, please break up plastic pots and cups - crush tins - cut up four/six pack rings and rubber bands.

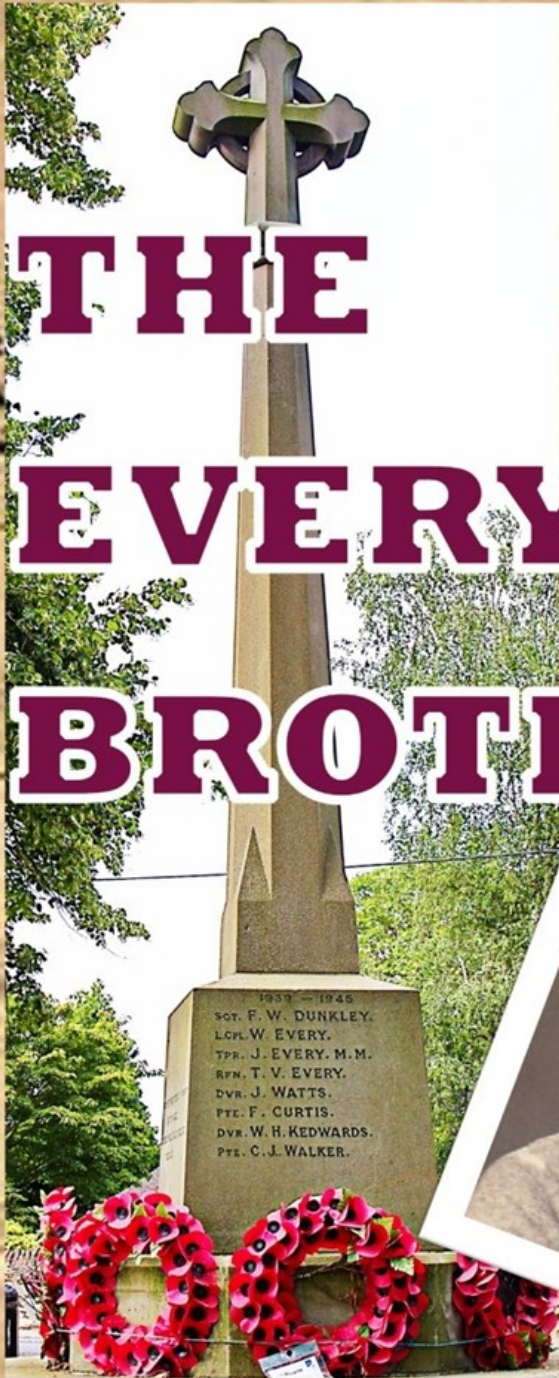
Hedgehogs can get caught up in carelessly discarded rubbish, please make sure you safely dispose of litter.

British Hedgehog Preservation Society
Hedgehog House, Dhustone, Ludlow, Shropshire, SY8 3PL
Tel: 01584 890801 www.britishhedgehogs.org.uk
Registered Charity Number 326885

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Article supplied by Jan Ennis-Clark

THE EVERY BROTHERS

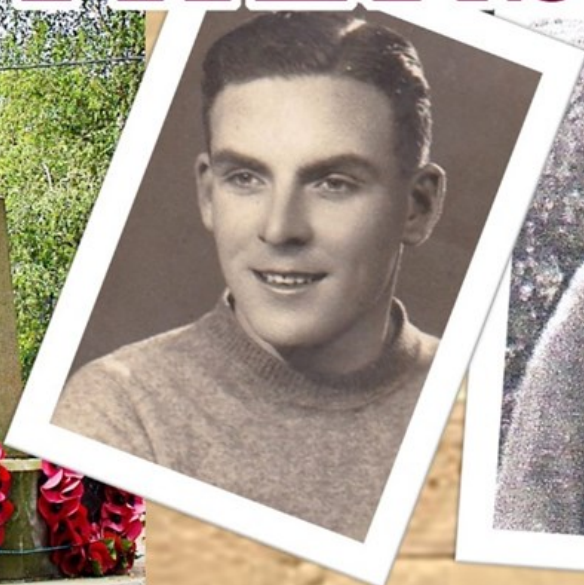
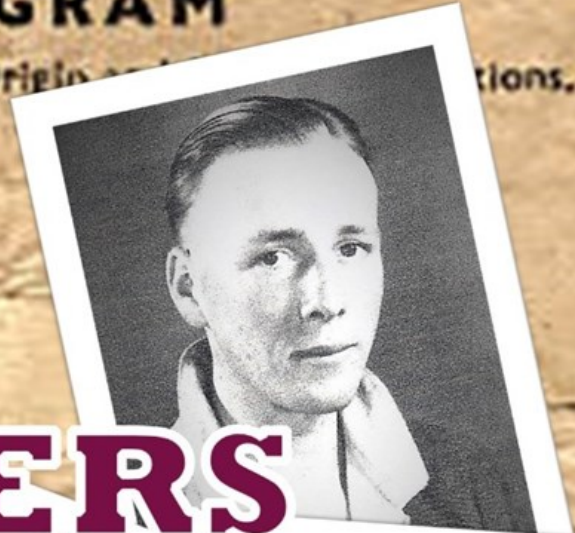


OFFICE

ELEGRAM

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tions.



*Brothers Tom, Jack & William Every were all killed in World War 2
and are commemorated on Roade war memorial - this is their story*

7.30 pm 14th November The Deco Theatre

Tickets from the box office 01604 491005

or online : www.thedeco.co.uk



THE DECO

Remembrance

As we approach the Remembrance Day commemorations we remember the sacrifices made by those who died during conflict and war, but we also remember the sacrifices made by those who survived. Many lost loved ones, their homes and their way of life too.

Apart from what became known as "Thankful Villages," those all-too-rare places where every serviceman and woman returned home safe, each city, town, village and hamlet in the land lost men, boys, women and girls, few could match the sadness recorded on the war memorial in the village of Roade, Northamptonshire.

Among the list of names of lives lost, the war memorial bears silent testament to three brothers from one family; William, Jack and Tom Every, who were killed in

various theatres of war during World War Two. William was 23, and died in the Central Mediterranean Theatre of War, and is buried at Cassino Military Cemetery, Italy. Jack, holder of the Military Medal, was 22 and died in Tunisia and is buried in Sfax War Cemetery in Tunisia. Tom, aged 25, was killed whilst a Prisoner of War at Heydebreck, and is buried in Krakow, Poland. They left behind them their father, Thomas, their Mother, Winifred, and their youngest brother, Frank Every.

Letters sent home by the brothers, and other contemporary documents, were kept by the late Mr Frank Every, who at the time was too young to go to war. These papers were later deposited with the Roade Local History Society, and from them we can get a glimpse into their family life, their thoughts and feelings at the time, and ultimately the stories of the three brothers' demise.

Roade Local History Society has had the foresight, by way of tribute, to turn

these documents into a play which charts the brothers' lives, and those of their family during this period. The play was performed, to much acclaim, at Roade's Elizabeth Woodville School on Saturday 9th November 2019, and is set to be performed again, national situation permitting, at the Deco theatre in Northampton on Sunday 16 May 2021.

The Every Brothers were more than mere names on a cold memorial to be read out annually. They had lives, loves, hopes and dreams and they gave their today so that we could have our tomorrow. They will be remembered and we will remember them.

There is a gentle irony, and accidental symbolism in the title 'The Every Brothers – Their Story.' It could be said that they represent 'every' brother who has died in arms, as well as the sacrifices made by them and their families.

For William Every, Tom Every, and Jack Every...



Community Connect

The Rectory
3 Main Road
Duston
NN5 6JB

Email: aj.marriott123@gmail.com

Helping to connect Church and Community groups together for the wellbeing of all

We aim to get Community Connect out by the first week of each month, so articles for the following month need to be submitted by the beginning of the last week of each month. They can be emailed to Rev'd Mandy Marriott at aj.marriott123@gmail.com or put through the Rectory door 3 Main Road Duston NN5 6JB.

This is your community newsletter so keep your articles coming in.

We love to hear from you.

*We currently don't charge for Community Connect but if you would like to make a donation towards printing costs then we would be very grateful. Donations can be made by cheque to Duston and Upton PCC or by BACS transfer to Duston and Upton PCC Acc number 32599613 Sort Code 23-05-80. **Thank you.***