



Community Health & Wellbeing

Duston is such a great village with a very active community. It has a whole host of groups, organisations, clubs and activities and we are so lucky to have facilities, shops and services that can cater to our every need.

But do **YOU** really know how much Duston has to offer?

Would **YOU** know how to access services and help when you most need it?

Do **YOU** wish you could get out more and make new friends?

Have **YOU** recently moved here and want to get involved in your local community?

Do **YOU** find yourself surrounded by people but yet feel isolated?

Do **YOU** benefit from what is already on offer or is there something else that would help?

We want to hear from YOU!

As part of the strategy we are aiming to consolidate details of everything Duston currently has to offer and we want **YOU** to help us shape Duston Parish Council's Community, Health & Wellbeing Strategy by telling us what **YOU** want.

Please contact Alison, bcdm@duston-pc.gov.uk or call 01604 583626 with your suggestions, comments and feedback

THANK YOU!