



DUSTON PARISH COUNCIL

Duston Parish Council
Duston Community Centre
Pendle Road
Duston
Northampton
NN5 6DT

Community Services Committee

Cllr Maitland, Cllr Enright-King, Cllr Golby, Cllr Roper, Cllr Ennis-Clark, Cllr Craven

30th July 2024

Dear Councillor,

You are hereby summoned to attend a meeting of the Community Services Committee to be held at Duston Community Centre on Monday 5th August 2024 commencing at 7pm for the purpose of transacting the following business.

Issued by:

Gary Youens
Parish Clerk, Duston Parish Council

AGENDA

CSC09/24. To receive apologies for absence

CSC10/24. To receive and approve the minutes of the Community Services Committee on Wednesday 29th May 2024 (APPENDIX A)

CSC11/24. To receive declarations of interest under the Council's Code of Conduct related to business on the agenda (*Members should disclose any interests in the business to be discussed*)

and are reminded that the disclosure of a Disclosable Pecuniary Interest will require that the member withdraws from the meeting room during the transaction of that item of business).

CSC12/24. Public Participation Session *(Persons wishing to address the committee on an agenda item may register their intention to do so by telephone or email by 12 noon on the day of the meeting and may speak for a maximum of 3 minutes).*

CSC13/24. Community Service Committee Working Parties

- To receive reports back on the following working parties:
 - Promotion & Marketing: Cllrs Ennis-Clark & Enright-King
 - Youth: Cllrs Roper, Maitland & Golby
 - Limehurst Shopping Centre: Cllr Maitland
 - Grants Working Party: Maitland, Roper, Ennis-Clark, Craven

CSC14/24. Free2Talk Report

- a) To receive a report from Free2Talk regarding the Youth Club / Work (APPENDIX B)
- b) To agree to send the report to the next Full Council

CSC15/24. Newsletter

- a) To review the newsletter and any lessons learnt for next time
- b) To discuss the next newsletter and suggestions for content

CSC16/24. Northampton West Local Area Partnership (LAP)

- To receive a report back from Cllr Golby and the Clerk

CSC17/24. Bleed Kit

- To put the donated bleed kit within a cabinet at St Luke's Centre.

CSC18/24. Public Living Room

- To note the trial period of the public living room at Duston Community Centre (APPENDIX C)

CSC19/24. Security at Duston Fun Day

- To review and discuss the security arrangements at Duston Fun Day (APPENDIX D)

CSC20/24. Grant Application Criteria

- To discuss the current required documentation & criteria to apply for a grant from Duston Parish Council.

CSC21/24. DPC Corporate Objectives

- Discuss 7 Corporate Objectives and what DPC should look to achieve over the next 3 – 4 years (APPENDIX E)

CSC22/24. DPC Health & Wellbeing Strategy

- Discuss ways to advance the adopted DPC Health & Wellbeing Strategy (APPENDIX F)



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Community Services Committee
Minutes 29th May 2024

Chair: Cllr S Maitland

Councillors Present:

Craven, Enright-King, Ennis-Clark, Roper, Golby

IN ATTENDANCE:

Ryan Ikavnieks – Assistant Clerk

Cllr Littlewood

Laura Wood – Team Coordinator for Free2Talk

CSC01/24. To elect the Chair of the Community Services Committee

- **RESOLVED:** That Cllr S Maitland was elected Chair of the Community Services Committee for the municipal year of 2024/25.

CSC02/24. To elect the Vice-Chair of the Community Services Committee

- **RESOLVED:** That Cllr S Roper was elected Vice-Chair of the Community Services Committee for the municipal year of 2024/25.

CSC03/24. To receive apologies for absence

- No apologies were received.

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CSC04/24. To receive and approve the minutes of the Community Services Committee on Thursday 9th May 2024 (APPENDIX A)

- **RESOLVED:** That the minutes of the Community Services Committee meeting held on the 9th of May 2024 were approved as a true record and duly signed by the Chair.

CSC05/24. To receive declarations of interest under the Council's Code of Conduct related to business on the agenda

- Cllr Golby declared a non-pecuniary interest – due to his position as Cabinet Member for Adult Care, Public Health and Regulatory Services for West Northamptonshire Council.

CSC06/24. Public Participation Session

- There were no members of the public present

CSC07/24. Free2Talk Report

- The Committee receive a presentation from Laura Wood, Team Coordinator for Free2Talk.
- 19 individual young people have attended 3 or more sessions during the current quarter, bringing the total number of attendances to 74 and is equal to approximately 139 contact hours
- Primarily attendees are in the 14-15-year age bracket (Years 9/10 at school).
- During an Outreach Session 18 young people and 5 parents were approached and spoke with a youth leader.
- This quarter saw low youth engagement due to three main barriers: mock exams for school years 10-13, use of the youth group as punishment, and a fallout among friends. To address these issues, the plan includes targeting the 12-14 age group to maintain numbers, recruiting a volunteer for simultaneous outreach and centre-based work, improving visibility by attending community days, and enhancing social media promotion with the help of young people. Outreach during Easter reached over 20 young people and parents, highlighting the need for continued community engagement efforts.
- The report outlined a Topic and Activity rota that was created by the young people who attend. The aims of this exercise was to foster a sense of ownership and pride for the young people over the youth work.
- The Chair of the Committee and Council thanked Laura for the presentation and ask her to pass their thanks on to the rest of the Free2Talk team for their invaluable work.
- **RESOLVED:**

- a) That the report from a representative of Free2Talk regarding the Youth Club / Work was received, discussed and noted.
- b) That Free2Talk and the Youth Working Party be thanked for their hard work to date.

CSC08/24. Recommendations To Full Council

- **RESOLVED:**

- a) That the Community Services Committee accepted the Free2Talk report.
- b) Recommends the report and updated SLA be endorsed by Council.

DRAFT



Evaluation for Duston Qu2 - April - June 2024

Project name - Duston Youth Club.

Project Lead: Craig Shana

Project staff: Mark Dean, Jasmin Barnes/Sofia Corrillo

Volunteers: Eldica Lawes

Project Aims / Outcomes

Over the course of each programme, we aim to support the young people to have:

1. Built trusted relationships with adults
2. Gained confidence, developed self-awareness and increase resilience
3. Increased feelings of safety
4. Increased awareness of local activities
5. Developed greater care and respect for people in their community
6. Developed healthy relationships with peers and others
7. Access and opportunities to develop a healthy hobby: Music, Art, Sport
8. A positive attitude to learning
9. Opportunities for active participation, co-production, ownership and leadership

Over the course of each programme, we aim to support the Duston community to:

10. Have knowledge and trust in who to go to for support for young people
11. Have happier young people in their community
12. Feel young people are safer and their community is safer
13. See positive images and relationships with young people
14. Develop a sense of responsibility and care for their young people
15. Develop an empowered approach to advocate for their young people

This will be evidenced by:

1. Programme plans, registers and session recordings for all sessions
2. Data sets to monitor demographics
3. An evaluative report, drawn from observations, interactions and data
4. Young people's direct feedback
5. Young people's achievements through multimedia recordings; podcasts, images, music
6. Case studies of young people's engagement and development



Young leaders educating peers on the DJ equipment.



Young people engaging with guided craft activities

Project outputs

	Jan	Feb	Mar	Quarter totals	April	May	June	Quarter totals
Number of sessions delivered	4	4	4	12	4	2	4	10
Number of individual young people each month	9	12	13	19	18	9	26	33
Attendances (running totals)	25	46	74	74	36	46	104	104
Number of unknown profiles attending	0	0	0	0	1			1
Number of emerging young leaders	2	3	2	7	2	2	3	7
Number of social media posts/blogs or campaigns	3		3	6	1	1	3	5
Number of community events	0	0	1	1			1	1
Number of Outreach sessions	0	0		0	1			1

YP Demographics

Characteristic	
Attendance observations	<p>Significant decrease in attendance over the course of the May bank holidays and disruption due to exams. Much greater attendance noted throughout June, a total of 33 young people reached over the past 12 weeks, and 48 young people across the first 6 months of the year – meaning only 4 young people have not returned to the group.</p> <p>Average session attendance is now approximately 12 young people.</p> <p>We have noted an increase in young people aged 11 in attendance this quarter and one young person brought their sibling who was 10 years old to one session, as he was responsible for looking after him.</p>
Age	<p>10 years x 1, 11 years x 7, 12 years x 7, 13 years x 6, 14 years x 5, 15 years x 3, 17 years x 1 Unknown x 2</p>
Gender	<p>Female – 15 Male – 17 Non-binary – 1</p>
Ethnicity	<p>Mixed White/Black Caribbean – 2 White British – 25 White other – 2 Other ethnic group – 1 Mixed other – 1 Undisclosed - 1</p>
Physical disability	<p>1</p>
Learning disability	<p>1</p>
Location	<p>Castle ward – 1, Duston east – 14, Duston West and St Crispin – 2, Dallington and Spencer - 3 Rectory Farm – 1, Sixfields – 2, Thorplands -2, Moulton - 1 Unknown (form not yet returned/incomplete) 7</p>

Evaluations of Outputs and Outcomes:

Discussion of outputs and outcomes:

Over the course of each programme, we aim to support the young people to have:

1. Built trusted relationships with adults

Over the last 2 programmes of delivery we have observed changes to the openness of young people within the youth space and this is evident in the changing landscapes of their conversations. They have moved away from lots of playful banter and are now more readily discussing issues that they face at school and within their personal/social lives. On a number of occasions, attendees have been observed to actively seek guidance and support through the trusted relationships of adults within the group. Young people - in the last quarter specifically - have explored anger and stress management; looking at ways to support their own development, particularly around exam and school pressures. They have discussed healthy relationships and recognising unhealthy habits in others, with some exploring substance use, and how/where to get support around this issue.

On occasions youth workers and young people have debated topics like human rights and more recently, young people have explored political views, through their sought out conversations with adults and others. This helps to evidence the growing level of trust that is being built within the space and makes clear that attendees are more comfortable to share what they think and feel, in an informal environment.

Through participatory approaches the group are more confident that they have a voice that is heard by both the youth workers, and fellow young people. Examples of this include the youth work team and Duston Parish Councillors acting quickly on feedback about changes to the room and the activities on offer. The young people recognise that adults are responsive to them and they are keen on sharing ideas and suggestions on what activities and what would they like to see and be involved in, both inside and outside of the group moving forward. This is further evidenced by some young people actively planning events to get funding in for trips and activities, and through the interactions they have had with the community at various events.

2. Gained confidence, developed self-awareness and increase resilience

There are some significant changes for a number of young people accessing the group and some real celebrations here. We have found a confidence in young people within the Duston area and a keenness to be involved in an array of opportunities that present themselves. Some of our regular

attendees have, for example, been volunteering at the fun days and community events over the past few months and their growing confidence and skills development is very evident. They are the emerging young leaders from this group, who are willing to step out their comfort zones and are keen on exploring new things. They are learning from their mistakes, such as when interviewing community members and editing their work, which goes some way in evidencing their resilience also. This particular cohort are very interested and committed to developing new skills, which when compared with some of their 'self-reported' limited school attendance and lack of interest/engagement in formal education, is a particularly positive outcome.

Conversely, through the conversations now being had we are aware of a lack of confidence for some of the group attendees, the young females in the sessions particularly appear to be caught up with pressures of fitting in, having boyfriends, how they look – they seek reassurance and struggle to maintain friendships with one another; often due to a perceived issue or through the influence of others. That is not to suggest that male participants do not struggle, but that this issue is more apparent for females at the current juncture. The team are working towards increasing confidence through achievement and ongoing activity, whilst considering some gender specific work within the setting, and offering individual mentoring for any young people who may need additional support.

3. Increased feelings of safety

The young people state that the group is a safe space for them, on the whole – though some break downs in peer relationships have occurred and impacted attendance at times. They feel like in other environments, such as school or at home, there might be some topics or issues that cannot be spoken about. However, at the youth club they feel like they can ask questions, converse freely and explore topics without being judged. This directly enables youth workers to signpost to correct support and advice that other adults may not be aware they need and in turn supports the young people's feelings of safety and overall wellbeing.

Through the community engagement events the young people report that they are better able to recognise community members and feel more confident in being able to report anything that isn't or doesn't feel right in their local area. This is supported by ongoing safety mapping work, where we are working collaboratively with the young people to understand more about their worlds and the places and spaces they frequent or avoid for safety reasons.

As the group continues to grow there are often changes to the dynamics, which can feel uncomfortable for them, but we are working on developing that peer safety and trust, to help further this point over the coming months. As mentioned, this mostly (but not exclusively) relates to the females who have been attendance.

4. Increased awareness of local activities

In the last quarter we invited a representative of the Duston players to come and talk about the group and what they do, this was very successful discussion (podcast being edited for sharing) and even resulted in our adult volunteer and a young person going along to try it out afterwards. This is a structure we are keen to repeat and will be looking at ways to continually share opportunities with young people locally. As a team we feel the wellness and community fun days have been specifically beneficial in broadening the young people's understanding of the local offer and we are working on ways that we can support engagement and awareness even further in the coming months. Due to time constraints we are unable to support young people in attending other groups in the local area, or complete and edit recordings quickly enough to do regular social media releases, that may help to move this along quicker but we, and they, are keen to support where we can.

Young people have suggested interactive mapping on the website, QR codes for obtaining quick information and further opportunities to meet and interview representatives from across the area, as ways that they would like to see developed.

5. Developed greater care and respect for people in their community

On the whole, the young people are observed to interact politely and appropriately when out in public and youth workers are present. They have relationships and acknowledgements with recognisable community members, such as staff in the local Tesco's, the staff in the community centre and the library. Having recognisable community guardians in places that feel safe and welcoming to them, supports the young people to feel that they are part of their community, and this in turn promotes reciprocal greater care and respect. The young people do express frustration at adults with authority but through our own relationships developing, we are able to offer wider context and appropriate challenge to their views and opinions that help developing minds give greater consideration to others.

A great example of this was after a youth group in June when two of the young people were playing a game with a traffic cone that had been left by the road. The game was loud, with the cone bouncing around being echoed. One of the youth workers went over and tried out the game they had invented. After a little while the youth worker asked the boys if they thought it might be a bit loud after 7pm, initially they didn't think so, but when the youth worker spoke about families with young children or elderly local residents who may be afraid of the banging, they were accepting that they should perhaps move on to a more open space – or change the game. The youth worker spent 20 minutes finding alternative versions to their game and made it a challenge, upon leaving the boys were playing happily still - but without the noise. Through the trust and respect of the youth work relationship the young people are becoming more socially aware.

An area for development is supporting the young people to recognise their responsibilities around litter, and using the bins provided. On occasion youth workers have observed some littering during or after the group sessions and this is one way that we aim to support the development of care and respect for others through the youth group sessions. A litter pick has been suggested and some young people are keen to explore this.

6. Developed healthy relationships with peers and others.

There remains work to be done in building relationships and cohesion across the peer groups, as not all young people interact well with one another, some just tend to stick with people they already know - so this is focal point for future sessions and will be factored in through team building challenges/activities, games and the continuation of keeping the space safe and inclusive for all. However, for some of the young people who came along right from the very first van sessions last summer, friendships have been developed between young people that would "traditionally" not get along (*audio recording sent with evaluation*). Over time and exposure, through youth work intervention and support, some of these young people have developed a greater respect for each other, despite their differences, regardless of these being physical or cognitive.

We have also noted that, with the young males especially, they are better able to recognise when they are in the wrong and are able to say sorry. As mentioned previously, the fractious relationships appear to mostly impact the female cohorts, and as such activities underpinning this development will be planned for in the coming programme.

7. Access and opportunities to develop a healthy hobby: Music, Art, Sport

The young people have engaged in Djing, music production, podcasting, arts and crafts, table tennis, group games and meeting representatives of community organisations, amongst other things. Most of the young people have now tried out activities and found new interests or ruled out things they don't enjoy. The youth group is working to include suggestions made by the participants in the upcoming programme and, as such, things have been ordered that were specifically requested and activities are being planned in response to their ideas. Now that the weather is nicer, there are some opportunities to explore more active/sporty hobbies outside and we are just waiting on our volunteer's DBS to come back so that we can conduct outreach and centre based opportunities simultaneously.

8. A positive attitude to learning

The young people mostly demonstrate a positive attitude towards new things and are actively open to learning through youth work's informal engagement approach. This has been demonstrated by their engagement with healthy hobbies (above) but also in skilled work such as audio editing, trailing some complicated crafts, problem solving and through peer to peer learning. In the initial programme (Jan-March) we met young people who

would struggle with failure and getting things wrong, so they often disengaged with learning - possibly as a defence mechanism - however in the last quarter (and what is evident in case studies for S and R, submitted in earlier report presentations) we have observed changes to this, with resilience being built and young people trying again when they make mistakes. Using creative methods and learning through play is central to their development and when they are achieving through their engagement in sessions, we are observing their growth in confidence and in turn, their care, support and encouragement for others.

9. Opportunities for active participation, co-production, ownership and leadership

There is an “unofficial” competition to be young leaders amongst the group and many of them are eager to help youth workers with what’s next and wanting to do their best to improve the youth club. We are utilising a scaffolded approach to co-production, which starts with basic decision making - such as choosing snacks, planning for activities and giving feedback to questions. Over time, we hope - and as we have begun to see - this encourages the group to become more confident in vocalising their wants and needs and eventually take ownership of a the space, with minimal support from adults.

We have used the fun days to help elevate their voices with local community members and also captured the voices of local residents during the outreach session in March, who may not have ever been able to share a view previously. These approaches all work to improve the adult/young person collaboration and in turn improve outcomes for all.

With two young people from the Duston youth sessions now employed as Youth ambassadors for West Northants council, they are directly engaged with a programme of influence in representing young people locally. At the end of the last quarter, the Duston youth group participated in a youth ambassador led session, in which they gave their views on youth work, youth provision and the needs of young people - which will support the development of a strategic plan across the county. This is huge celebration for us all, as without these sessions those opportunities may have not occurred at all.

Over the course of each programme, we aim to support the Duston community to:

1. Have knowledge and trust in who to go to for support for young people

We are hopeful that the local community is beginning to recognise us and learning from their young people about youth workers, who we are and the opportunities we provide. We are hugely hindered by time constraints in Duston and a lack of visibility within the area, but we are hopeful that

outreach sessions planned for this quarter will help us evidence that youth work services can support with guidance and signposting, engagement and community development.

Through our contact with the young people we now know, we are building relationships with parents and community guardians such as the community centre staff, local councillors and wider members of the community. In time, we hope all of these people would feel confident in approaching youth workers for support around young people and adolescent developments/ needs.

2. Have happier young people in their community

The young people are pleased to have a youth offer in their local area, which is evidenced in the growing numbers and attendances. Youth workers have observed them talk about the group and share something of their experiences and enjoyment from it. It is hoped that this is clear for community members to see, and we will continue to share the good news stories of Duston's local young people to help evidence the impact that sessions such as these can have.

We are looking forward to being outside more with them over the summer months and predict that this will show local people that there are opportunities for positive engagement for their own children and young people through the youth work process.

3. Feel young people are safer and their community is safer

We frequently converse with parents whose children wish to join our programmes, but are perhaps a little too young or not yet able - due to other commitments, and we have young people in attendance with additional needs, suggesting parents and carers have identified our sessions as a safe and inclusive space.

We are aware through safety mapping discussions with young people that the Limehurst area is considered as a potentially unsafe place and so by being visible in this area, however briefly, we can help to bring about confidence and change and support young people to share their experiences so that this area can be monitored in real time, across the age groups. As such, the council's ongoing support of a youth offer is instrumental in creating safe spaces for this cohort of young people within the community, and in turn confidence of parents and carer's will grow.

4. See positive images and relationships with young people

Through the community engagement events the young people have been able to meet lots of adults from their local area, and as identified earlier, this has helped them to feel much more welcome and included within the community. We are working towards building up young leaders to become more entrenched with the local council and sharing their views and experiences directly and we are utilising the media production opportunities to share this wider. We recognise that we need to deliver more social media content in the forthcoming programme and will aim to build this into our work for the Duston area over the next quarter.

5. Develop a sense of responsibility and care for their young people & 6. Develop an empowered approach to advocate for their young people

Alongside the changes to be worked on for young people, we understand that adults have a responsibility to demonstrate care for the younger members of the community too. We are hearing from current young people in attendance at the youth group, just how important it is for them to have a safe space to go, and we hope that we can forge a collective approach to its sustainability and future. As adults we must be able to recognise the social and emotional needs of developing adolescents outside of formal education and how best to support them as they grow, develop a sense of self and make plans for their futures. This is an area that youth workers, young leaders and councillors need to consider together before the end of the 4th quarter, at the very least, so that young people do not feel let down, should the provision discontinue.

There is an opportunity for fundraising to be shared perhaps, and this requires some thought as to what is realistic and achievable across the board. We would like to further develop engagement with parents and carers to help evidence impact elsewhere and would welcome opportunities to work collaboratively on moving things forward.

Upcoming programme:

Week	Date	Topic and activity	Outcome focus	Resource required
1	08/07/2024	Scavenger Hunt	1,2,3,4,6,8,11,13	Paper and Phone
2	15/07/2024	Rounders	1,2,6,7,8,11,13	Rounders Kit and Ball
3	22/07/2024	Guess The Food Brand	1,2,6,8	Snacks and Food
4	29/07/2024	Picnic	1,2,3,4,5,6,7,10,11,12,13,14,	Picnic Basket and Blanket. Food
5	05/08/2024	Water Balloon Fight	1,2,3,4,5,6,7,10,11,12,13,14,	Water Balloons and Towels
6	12/08/2024	Quiz Night/ Finish The Lyric	1,2,6,7,9	Laptop and Projector
7	19/08/2024	Sports and Van Day	1,2,3,4,5,6,7,10,11,12,13,14,	Balls, Equipment and The Free2talk Van
8	26/08/2024	Cultural Exchange	1,2,3,5,6,8,9	Drawings, song, food, representing different cultures and countries
9	02/09/2024	Talent Show	1,2,3,4,6,7,9	TBC
10	09/09/2024	NGAGE With Aquarius	1,2,3,4,5,8,9,10,11,12,14,15	N/A
11	16/09/2024	Ideas, feedback and Activity planning	1,2,4,5,6,7,8,9	Paper and Pencils
12	23/09/2024	Movie Night and Snacks / Young People's Choice	1,2,6,7,9	Food , Drinks and Snacks

● Next steps: Targets and milestones for the next period?

Description of targets and milestones	Expected benefits	When and how they will be met	Steps to reach the target/milestone	Has this target/milestone been met and why? (complete next evaluation)
<p>Increase numbers</p>	<ul style="list-style-type: none"> Improved peer relationships More enjoyable sessions Shared memories Wider reach into the community Better cohesion locally 	<p>How and when</p> <ul style="list-style-type: none"> Bring a friend session Outreach sessions – New flyers Collaboration with the local school to interact with the young people Creating young leaders 	<ul style="list-style-type: none"> Distribute flyers around the community Send flyers to admin for printing Visit the school with flyers and talk to the young people 	
<p>Continue to Engage in local community events/county-wide networking events</p>	<ul style="list-style-type: none"> Awareness of the community Community respecting and caring for young people and vice-versa Young people feeling safe in their community 	<ul style="list-style-type: none"> Collaborating with other services providers Inviting local services like the police, firefighters, Aquarius etc When possible, attending community events 	<ul style="list-style-type: none"> Send out invitations Have conversations with young people about the community Planning, and co-production with young people 	
<p>Summer Outreach</p>	<ul style="list-style-type: none"> Engagement with the community Awareness of the presence of youth provision in the area 	<ul style="list-style-type: none"> Planning for an outreach session additional to the usual youth group ? Errington park Facilitate sessions outside simultaneously to the inside sessions 	<ul style="list-style-type: none"> Utilise the free2talk van Going on walks with the young people Talking to the community 	

Case study 3

<p>Name of YP: w</p>	<p>Date Completed: 04/07/2024</p> <p>Person Completing: Craig Shana</p>
<p>Address:</p>	<p>Date of birth: 10/2009</p>
<p>Phone Number:</p>	<p>Age: 14</p>
<p>Level of Need: 2</p>	
<p>Overview of YP before Intervention <i>(e.g. what were the YP needs and how did these present? – what were the YP circumstances, or what was said or how did the YP behave to indicate these needs)</i></p> <p>When W joined the group, they were initially very shy and would just stay with the people they already knew. They were difficult to engage, unsure of themselves and even peers found them challenging to talk too</p>	
<p>Detail of the intervention <i>(e.g. what was the intervention, what were the objectives for the intervention, how long / how many sessions did they attend,)</i></p> <p>The youth workers made an effort to start slowly and just keep attempting small interactions, each week. Across the last 12 weeks W has begun to trust the team more and more and have begun to openly share some of the hardships they and their family face. The intervention of focus was purely on building trusted relationships in a safe space.</p>	
<p>Overview of YP now / following Intervention</p>	

(e.g. In consideration to the needs identified, how does the young person now present, what behaviours have changed / what verbal messages do they give, how have their circumstances changed)

Through getting to know the staff at the Duston sessions, W has now been supported to attend another session in the week, with the Lowdown and this has built their confidence in seeking counselling advice and guidance for some of the struggles they are facing. This has improved their engagement with services more akin to their needs, and enabled ownership of managing issues. W presents with a renewed sense of confidence, improved resilience and reports that they feel safer to be who they really are, finally accepting themselves.

The behaviours observed following the youth work intervention include; W now welcoming others, speaking to new starters, engaging in recorded podcast conversations.

Has the YP demonstrated / able to:

1. Built trusted relationships with adults
2. Gained confidence, developed self-awareness and increase resilience
3. Increased feelings of safety
4. Increased awareness of local activities
5. Developed greater care and respect for people in their community
6. Developed healthy relationships with peers and others
7. Access and opportunities to develop a healthy hobby: Music, Art, Sport
8. A positive attitude to learning
9. Opportunities for active participation, co-production, ownership and leadership

Feedback from W is:

“thank you, I am not sure where I would be now without you guys believing in me and showing me options”



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What Camerados is all about.

Camerados believe that the answer to our problems is each other.

A camerado can be anyone. It's about chatting to someone new or helping out a stranger (or better yet, asking them to help you) It's sitting with your neighbour and having a cuppa. It's asking that stranger at the bus-stop if they've got the time.

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There really is no definition for this, Camerados use it to explain any time from simply having a bad day to others who may have a more severe life changing situation, within Camerados there is no competition about who's having the worst 'tough time'.

*** tough time ***

Camerados is a social movement - which really just means that there are lots and lots of us (from Baltimore to Blackpool) who think being a bit more human is a good idea. The movement started in 2015 and the main thing you'll see us doing is opening Public Living Rooms in our communities - welcoming, no-agenda places for folk to sit down with a cuppa, have a chat, and feel more human.

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0324



Six simple ways to be a camerado.

The Camerados movement is open to anyone, all that is asked is that you try to follow the simple ideas below. We've tried these in the toughest of situations and they seem to work, give them a go. Translation of these ideas in some other languages are available [here](#).

Read more about 'it's ok to be a bit rubbish'.

Read more about 'don't fix, just be alongside'.

Read more about 'have fun, to be silly is to be human'.

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whom it's OK to be rubbish OR in the case

of Public Living Rooms somewhere it's OK

not to achieve and just be what you need to

be in that moment. There's not many places

like that in our world. We think it's missing

and essential. Otherwise we become

paralysed by this need to always be winning

and living an Instagramable, wonderful life.

the person and being alongside them in that

difficult moment. For those experiencing

tough times just being heard is enough and

that's why strangers can make great

camerados, you may even have experienced

this yourself.

troubles for a while.

Read more about 'mix with folk not like you'.

Read more about 'we can disagree as long as we're respectful'.

Read more about 'ask someone struggling to help you'.

Mixing with people that don't look like you or folk who have different life experiences often challenges our thinking, broadens our minds and makes us less scared of each other. Accepting difference, fighting

When you are being a camerado you may find yourself alongside someone who has very different opinions to you on different subjects. Know it's ok to say you disagree

This is what we call the secret sauce of camerados. It's the highly counter-intuitive principle, it doesn't seem to make sense. If someone is having a tough time they

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camerados do it.

and driven with a new purpose. They have something to offer. This way of connecting is far more mutual, more human, everyone has the power and everyone benefits. Try it and see what happens.



To know that there are heart-warming, caring, fascinating and fun individuals out there (i.e our fellow Camerados) brings back a sense of humanity to our world, which is often painted so differently and can be a very lonely place for some.

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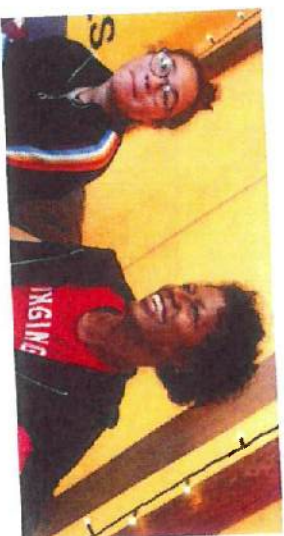
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- ➔ Behind the scenes: Association of Camerados
- ➔ Timeline of how the movement has developed
- ➔ Impact report by Sheffield Hallam University
- ➔ Request a speaker

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Camerados in the workplace

As the world continues to adjust to the impact of the Covid pandemic, many of us are finding our workplaces have changed dramatically.

In some cases, the change is purely physical; one way systems, greater distance between desks, hand sanitising stations, but in many other cases the change is social. We are experiencing a greater separation of colleagues through remote or hybrid working models, a reduction in face to face meetings and opportunities for those all important impromptu 'corridor' conversations. The pandemic has created division within some workforces; those who were furloughed and those who continued to work, those who are under threat of redundancy and those who



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people feel genuinely supported and comfortable enough to admit their mistakes. Workplaces where every person understands the part they have to play in building a truly supportive, inclusive, people-focused working environment.

Here at Camerados, we believe that the answer to all of this lies in genuine human connection. It sounds simple. Except when you start to think about how to create it within a disparate group of people, you begin to realise that it's really not that simple at all.

Over the past five years we've invented, iterated, adapted and worked alongside communities, schools, workplaces and academic learning partners to understand how human connection can be created in an authentic and sustainable way. We've witnessed the positive, and often completely transformative, effects that adopting the Camerados ethos and principles has had on people.

If you'd like to find out how you can bring the spirit of Camerados into your organisation please drop a message to office@camerados.org.

All profits generated are used to fund communities, schools and hospitals in creating their own Camerados spaces



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<https://www.gov.uk/government/publications/sports-grounds-safety-authority-stewarding-factsheets/sgsa-stewarding-factsheet-6-sia-stewarding-exemption-for-sports-grounds>

Background

Stewards are subject to different regulations and training requirements depending on the activities they undertake. This factsheet explains the requirements for stewards performing security roles.

Under section 4(6) of the Private Security Industry Act 2001, in-house stewards (i.e. directly employed by the ground) carrying out licensable activities at certified sports grounds are exempt from licensing by the Security Industry Authority (SIA) as long as the sports ground is covered by a safety certificate. This exemption is commonly known as the 'SIA sports ground exemption'.

The exemption was granted in 2006 on the basis that stewards were trained and vetted to standards equivalent to the training and vetting required of SIA licence holders. It applies at any ground subject to a General Safety or Regulated Stand Certificate (the exemption applies only to the area covered by the Regulated Stand Certificate).

Basic principle

'SIA licensable activities' at sports grounds are:

- stewards searching spectators on their entry to the ground
- stewards specifically tasked with physically intervening against and ejecting spectators who are in breach of ground regulations. This includes decisions on refusal of entry
- the supervisors of those stewards in categories a and b immediately above
- in a non-front-line capacity, safety officers and chief stewards

[See full list of 'licensable activities' under the Private Security Industry Act 2001.](#)

Stewards in safety or non-safety critical (service) roles whose duties do not include searching, ejections or physically intervening where spectators are in breach of ground regulations are NOT carrying out licensable activities.

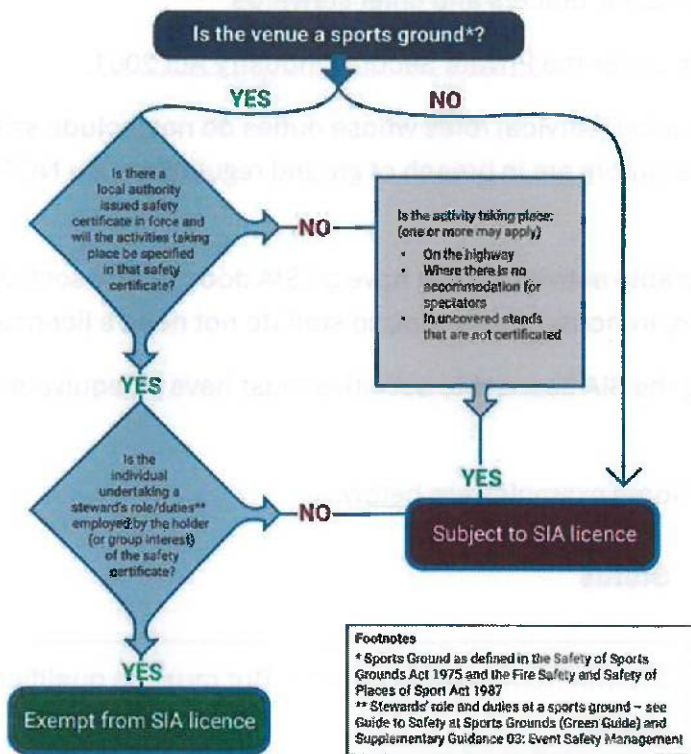
Any steward undertaking SIA licensable activities must have an SIA door supervisor licence. However, under the sports ground exemption, in-house sports ground staff do not need a licence.

Instead, in-house staff conducting the SIA licensable activities must have an equivalent level of training and vetting.

What does this mean in practice? Some examples are below.

Role	Status
In-house steward, conducting searching on ingress	Exempt from needing licence. But must be qualified and vetted.
Agency steward, conducting searching on ingress	Must have an SIA Door Supervisor licence, along with the required Level 2 qualification.

Role	Status
In-house steward in response team	Exempt from needing licence. But must be qualified (including physical intervention training) and vetted.
Agency steward in the response team	Must have an SIA Door Supervisor licence, along with the required Level 2 qualification.
In-house steward in pitch perimeter	Exempt from needing licence. But must be qualified (including physical intervention training) and vetted.
Agency steward in pitch perimeter	Must have an SIA Door Supervisor licence, along with the required Level 2 qualification.
In-house steward in vomitory advising spectators	Not licensable activity so exemption doesn't apply. But must be qualified (or working towards qualification).
Agency steward in vomitory advising spectators	Not licensable activity so SIA licence not needed. But must be qualified (or working towards qualification).



The full flowchart and examples can be found on the SGSA website.

Further details on safety, security and non-safety critical roles can be found in [SGSA stewarding factsheet 2: Safety, security and non-safety critical roles](#).

Guidance and enforcement for football grounds

The Sports Grounds Safety Authority (SGSA) has published [policy guidance for football grounds it regulates](#). This has directed local authorities of designated football grounds to insert conditions in the General Safety Certificate on the training and vetting of in-house stewards carrying out licensable activities.

The SGSA will be assessing compliance, for example via its local authority audit programme and regular matchday inspection activity.

Application to sports other than football

Ground management of designated sports grounds other than football should adopt the principles set out in the SGSA's guidance and consult their relevant governing body where further clarity is needed.

Local authorities are directed by the Department for Culture, Media and Sport (DCMS) to insert licence conditions into Safety Certificates and Regulated Stand Certificates to reflect the training and vetting requirement of in-house stewards carrying out licensable activities.

Clarifications

[The SGSA has developed an extensive question and answer document.](#)

[Check if you need an SIA licence to work at an event - GOV.UK \(www.gov.uk\)](#)

When you need an SIA licence

Licensed premises

You need a door supervisor licence if all of the following statements are true:

- you provide a physical presence to guard against damage, theft, unauthorised access or disorderly behaviour
- your work is in relation to licensed premises
- you work when the premises are open to the public, at times when alcohol is being supplied for consumption, or regulated entertainment is being provided on the premises

'Licensed premises' means a venue that has a licence to sell alcohol and/or provide regulated entertainment (for example, live music or film screenings).

The requirement for a door supervisor licence applies if either of the following statements is true:

- your work is part of a contract for services
- you work 'in-house' (that is, employed directly by the company running the event)

A 'contract for services' is when you or your employer have a contract to supply your services to another organisation. An example of this would be where your employer is a private security company, and your job is to stop people who have not paid from entering the event.

Other premises

You need a security guard licence if all of the following statements are true:

- you provide a physical presence to guard against damage, theft, unauthorised access or disorderly behaviour
- your work is part of a contract for services
- your work is not in relation to [licensed premises](#)

A 'contract for services' is when you or your employer have a contract to supply your services to another organisation. An example of this would be where your employer is a private security company, and your job is to stop people who have not paid from entering the event.

All stewards must have a Level 2 Certificate in Spectator Safety (or previous equivalent), or be working towards it.

This must be completed within 12 months, dating from the start of their first induction training.

The training should also include completion of the [Action Counters Terrorism \(ACT\) Awareness eLearning](#) and Basic Life Support Skills. These are prerequisites for obtaining a Level 2 Spectator Safety qualification.

It is the responsibility of ground management to ensure that all stewards are trained, and that their competence to undertake the duties expected of them is assessed. This includes seeking appropriate assurance from agency suppliers.

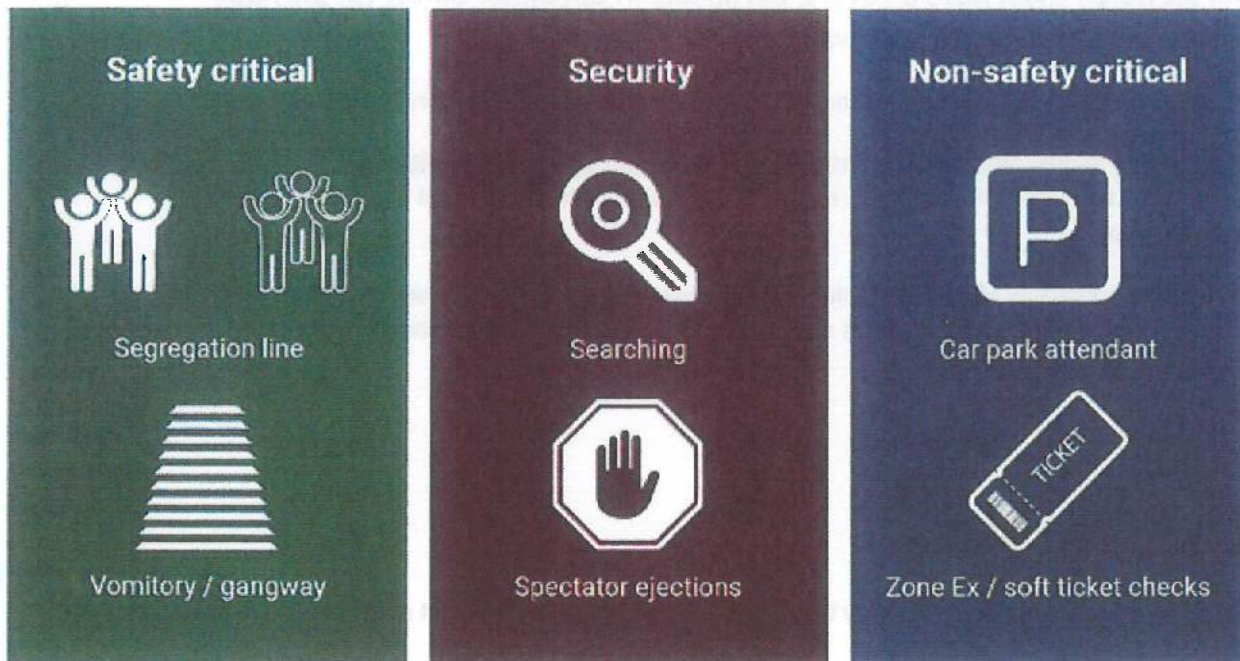
Security roles

Stewards employed to perform security type roles such as the following must also have the relevant physical intervention training:

- searching people or property,
- refusing entry, or
- the removal of non-compliant spectators from the venue.

For staff other than those employed directly by the ground (also known as in-house stewards), they must also have a Security Industry Authority (SIA) Door Supervisor licence in order to carry out these licensable activities.

In-house staff at sports grounds are exempt from this licence. However, they must be sufficiently qualified, trained in physical intervention and be vetted to the appropriate level.



Safety critical – Segregation line, vomitory/gangway

Security – searching during ingress/spectator ejections

Non-safety critical – car park attendant, Zone Ex/soft ticket checks

Security roles (licensable activities)

Security roles and locations are those which require a licence from the Security Industry Authority (SIA). In-house stewards carrying out licensable activities at sports grounds are exempt from this requirement if the sports ground is covered by a safety certificate.

'SIA licensable activities' at sports grounds are:

- stewards searching spectators on their entry to the ground
- stewards specifically tasked with physically intervening against and ejecting spectators who are in breach of ground regulations. This includes decisions on refusal of entry
- the supervisors of those stewards in categories a and b immediately above
- in a non-front-line capacity, safety officers and chief stewards

Basic duties

The basic duties of the event attendant include:

- wayfinding and general support to spectators
- guidance and direction to attendees arriving by car or on foot
- customer care duties including directing to refreshments, toilets and first aid facilities.
- monitoring non-safety critical locations, as identified by the safety management team and included in the deployment section within the stewarding plan

Stewards can carry out the duties of non-safety critical roles and locations. It is the responsibility of individual grounds to determine how best to use their resources, as part of the stewarding plan.

7 CORPORATE OBJECTIVES



DUSTON PARISH COUNCIL

1. HAVING EXCELLENT COMMUNITY CENTRES

Description

The Council has now for a decade provided three Centres that have served the community of Duston. Duston Sports Centre is managed on behalf of the Council by Trilogy Active. The Council directly manages St Luke's Centre and Duston Community Centre which offer quality room hire at very competitive rates. The objective is to continue to provide facilities that are managed to a good standard, in an efficient, effective and responsive way, at an affordable cost.

2. DELIVER HIGH QUALITY GREEN SPACES

Description

The Council is in the process of taking on more public open space and has also agreed with West Northamptonshire Council to have the freehold of the two allotment sites. It is in the process of building up capacity and expertise when it comes to the management of Parks and Open Spaces. The Council will eventually take on full maintenance of Parks, Open Space and Allotments. The

Council aims to deliver high quality parks & green open spaces in Duston for residents to use and enjoy.

3. A MORE SAFER, SUSTAINABLE AND PLEASANT ENVIRONMENT

Description

The Council has made numerous improvements to the public realm in recent years and is beginning to do this as part of the core services it offers to residents. The Council maintains hanging baskets, planters, monuments (Timken Artwork, Timken Gates & War Memorial) and various street furniture. It also seeks to improve the environment by reducing crime and anti-social behaviour. Within its remit the Council will strive to enhance and protect local biodiversity. The Council encourages and promotes a more safer, sustainable and pleasant in every part of the Parish.

4. PRODUCES AN EVENTS PROGRAMME WHETHER ON ITS OWN OR IN PARTNERSHIP WITH OTHERS

Description

For a long time the Council has delivered community events which has provided local entertainment and information to residents. Most notably the Council has had a summer event which is currently titled "Duston Fun Day" and more recently the Council has put on a "Community Info & Wellness Fair". The Council also does regular Indoor Car Boot Sales and a Christmas Market. This year the Council is doing a Christmas Tree Festival.

5. ADVANCING HEALTH & WELLBEING

Description

The Council aims to maximise community wellbeing in the broadest sense such as playing a role in reducing social isolation and creating opportunities for young people. It is important that the Council works with residents, West Northamptonshire Council and other service providers, businesses and community organisations with the aim of achieving a healthy, prosperous and caring community. As a Parish Council we look beyond the medical models of health care to look at how the community can be energised and supported to tackle the social determinants of health and get involved in improving the wellbeing of their community. The Council has recently adopted a Health & Wellbeing Strategy.

6. ADVOCATING AND PROMOTING DUSTON

Description

The scope of the Parish Council is broader than just the services it directly provides. The Council is there to do what it can to promote all businesses, establishments, services and amenities within the Parish. Celebrate what Duston has to offer. The Council supports local initiatives and organisations that improve the quality of life for its residents in a fair and even handed way. An example of this the Parish Council using its social media platforms to promote Duston Market and has a Grants Application Process. The Council advocates the interests of Duston to others such as Police, Fire & Crime Commissioner and West Northamptonshire Council.

7. BEING A PROFESSIONAL AND COMPETENT COUNCIL

Description

A prudent Council that is responsible with public money and has a strong financial base to meet future and unexpected challenges. With strong financial reserves the Council is less likely to need to borrow in the future. Duston Parish Council is open and transparent with most information published

on the website www.duston-pc.gov.uk Across all aspects area of its working it aims to provide an effective service to residents and strives for improvement. A Council that has good governance in place and meets all the necessary statutory requirements. Delivers good customer service.



Community, Health and Wellbeing strategy for Duston 2024 - 2027





DUSTON PARISH COUNCIL

Duston Parish Council is passionate about delivering for the residents of Duston. We believe that by having a Community, Health and Wellbeing strategy we can lead and support the myriad of active groups in our community so that we are all working towards the common aim of a 'Duston Together'



Why ?

Why do we want this?

What ?

What are our priorities?

How ?

How do we achieve them?

CONSOLIDATES :

- Duston Together
- Community Events
- Community Groups & Organisations
- Duston Good Neighbours
- DOPWA
- Environmental Responsibility

RESOURCES :

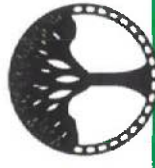
- LAPs data
- Evaluation data from events & initiatives
- Duston local insight data
- Action for happiness
- The role of Parish & Town Councils in Health and Wellbeing by Sadie Beishon
- Resident surveys

PARTNERS & SUPPORT:

- Local schools
- Local businesses
- Local care homes
- Local healthcare services
- Churches
- Trilogy
- Local community
- Duston library



Our Mission



DUSTON PARISH COUNCIL

Our mission is to establish a framework that will enable Duston Parish Council to lead and support a collective desire to help improve the health and wellbeing of its residents and the area in which they live.

A wide variety of proactive groups and organisations already exist within Duston, and a strong sense of community spirit is evident amongst our local population.

By working together effectively and consolidating all that is positive we are stronger as a community.

This also allows us to achieve much more as a collective in our aim to enrich our community and the lives of those who live here.



Our Strategy



DUSTON PARISH COUNCIL

Good Community, Health and Wellbeing takes many forms:

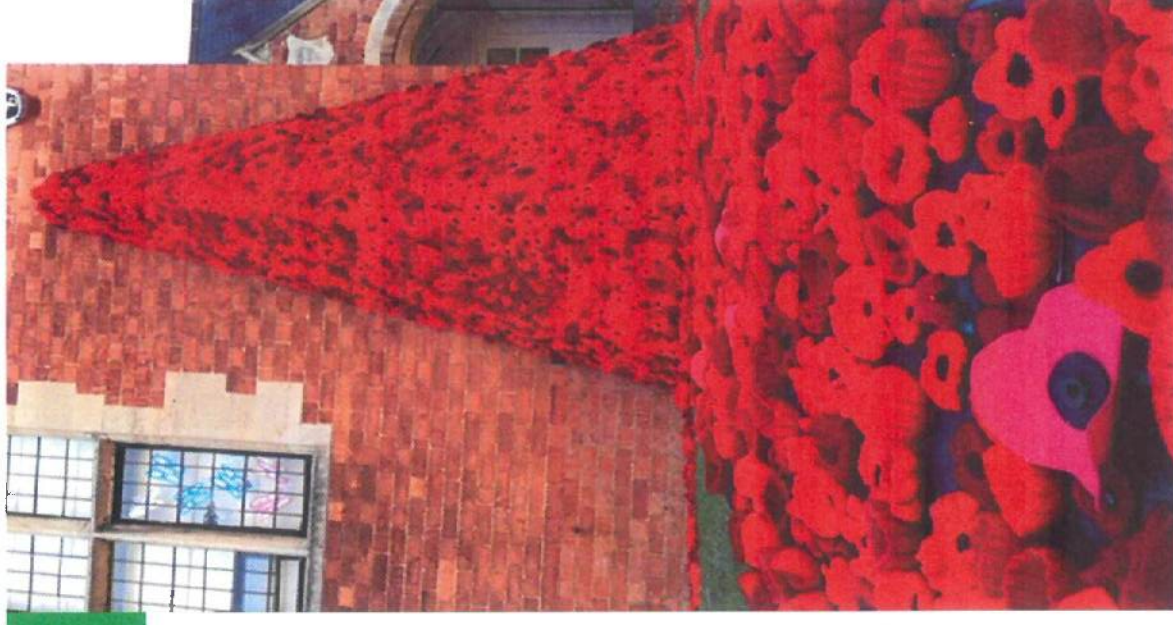
Anything that can improve things even slightly can have a significant impact. **Harnessing** best practices and taking **preventative** action can help us improve many aspects of daily life including socially, environmentally, physically and mentally.

We can **strengthen** relationships by working in partnership with our local schools, businesses, care homes, healthcare services, churches, sports and community groups. In addition, we will continuously **monitor** and **evaluate** our initiatives to assess the positive outcomes and ensure their continued **relevance** and **effectiveness**.

As a Parish Council we recognise the value and importance of doing everything within our power to help improve our community and the health and wellbeing of its residents.

We believe that we have a role to play in contributing to this by consciously and deliberately putting **Community, Health & Wellbeing** at the heart of all that we do.

By adopting this strategy, we can ensure that our aims and objectives are sustained throughout time and that what we do remains relevant and adaptive to the changing needs of our community



Our Three Priorities

1

To ensure that we offer a considered variety of pertinent activities, opportunities and improvements across all sectors, ages and demographic to help improve the community and the health and wellbeing of our residents.

2

To always utilise the latest resources and data insights available to ensure that what we do is focused and inclusive and that the decisions we make are relevant to the needs of our community.

3

To ensure that our programme, projects and activities align with and support the Integrated Care Northamptonshire's (ICN) 'Live your Best Life' ambitions.



ICN 'Live Your Best Life' ambitions

Best Start in Life

Access to the best available education and learning

Opportunity to be fit, well and independent

Employment that keeps them and their families out of poverty

Housing that is affordable, safe, and sustainable in places which are clean and green

To feel safe in their homes and when out and about

Connected to their families and friends

The chance for a fresh start when things go wrong

Access to health and social care when they need it

To be accepted and valued simply for who they are



How Duston Parish Council currently supports Integrated Care Northamptonshire 'Live your best life' ambitions



Ambition and outcome	How do we currently align / support
	<p>Across ALL 10 ambitions:</p> <ul style="list-style-type: none"> • Provide centralised info on other relevant groups operating in Duston that support the ICN strategy • Provide centralised info about the programmes at Duston Sports Centre that support the ICN strategy <ul style="list-style-type: none"> • Promote community groups and activities operating in Duston • Support the current Library programme and develop new groups and activities by working together
<p>1. BEST START IN LIFE - Women are healthy and well during and after pregnancy. Children grow and develop well so they are ready and equipped to start school</p>	<ul style="list-style-type: none"> • Two large nursery provisions operate from DPC centres
<p>2. ACCESS TO THE BEST AVAILABLE EDUCATION AND LEARNING – Education settings are good and inclusive and children and young people, including those with special needs, perform well. Adults have access to learning opportunities which support them with work and life skills</p>	<ul style="list-style-type: none"> • Wellbeing talks offer advice and education on a wealth of subjects • Support schools and youth organisations via DPC grants • DPC liaison with schools and youth organisations to support badgework • Allotment space provides opportunities to pre- schools, schools, groups and individuals (including those with learning difficulties) • TGTA provides volunteer opportunities • DPC Youth provision - varied activities including DJ and gaming

How Duston Parish Council currently supports Integrated Care Northamptonshire 'Live your best life' ambitions



DUSTON PARISH COUNCIL

Ambition and outcome

How do we currently align / support

3. OPPORTUNITY TO BE FIT, WELL AND INDEPENDENT - Children and adults are healthy and active and enjoy good mental health. People experience less ill health and disability attributed to lung and heart diseases.

- Duston Sports Centre programme and Health Walks (Owned by DPC)
- Public play equipment for young people
- Outdoor exercise equipment installed at two parks
- Good upkeep of our local parks and open spaces
- Relevant equipment installed in parks for all ages including MUGAs
- The Grow Together Allotment
- The Grow Cook Eat Project
- Support of Food Bank & Wellbeing Cafe
- Monthly Wellbeing Talks
- Community Info & Wellness Fair
- Signposting to external services & organisations

4. EMPLOYMENT THAT KEEPS THEM AND THEIR FAMILIES OUT OF POVERTY - more adults are employed and earn a 'living wage'. Adults and families take up benefits that they are entitled to.

- Lease of 8 office units/areas to commercial tenants
- DPC employs 10 staff
- Promotes WNC, SIP and Housing Association sessions
- Supports Food Bank with donation collection points

5. HOUSING THAT IS AFFORDABLE, SAFE AND SUSTAINABLE IN PLACES WHICH ARE GREEN AND CLEAN - the local environment is clean and green with lower carbon emissions.

- Maintenance of open green spaces and parks
- DPC planning committee observations
- DPC Environment Committee plans
- DPC is taking on public open spaces & the management of.
- DPC Neighbourhood Plan to 2029
- Bins, anti-dog fouling signs installed regularly
- Tree and Bulb planting initiatives
- Purchase of no parking signs for schools

Last updated MAY 2024

How Duston Parish Council currently supports Integrated Care Northamptonshire 'Live your best life' ambitions



DUSTON PARISH COUNCIL

Ambition and outcome	How do we currently align / support
<p>6. TO FEEL SAFE IN THEIR HOMES AND WHEN OUT AND ABOUT - People are safe in their homes, on public transport and in public places. Children and young people are safe and protected from harm.</p>	<ul style="list-style-type: none"> DPC works with local policing team to exchange feedback from the community 'Design out crime' approach to public spaces Police team invited to report at our meetings Police team invited to attend our events 4 speed activated signs around Duston CCTV provision under regular review DPC have installed 5 defibrillators and 1 bleed cabinet
<p>7. CONNECTED TO THEIR FAMILIES AND FRIENDS - People feel well connected to family, friends and their community. Connections are helped by transport and technology.</p>	<ul style="list-style-type: none"> Events Initiatives TGTA - allow inclusion, reduced social isolation & loneliness, promotes friendship Two community centres offer meeting spaces, opportunity to join activities, develop skills and feel connected Volunteer opportunities to support and also create value and satisfaction Subsidised room hire available for local groups Working with local partners to ensure we always offer as many social opportunities as possible Mailing list alerts of all our events and initiatives Schools/businesses/youth organisations receive monthly activity updates Grants available to support local groups and causes
<p>8. THE CHANCE FOR A FRESH START WHEN THINGS GO WRONG – people have good access to support.</p>	<ul style="list-style-type: none"> DPC has adopted an Equality & Diversity statement

How Duston Parish Council currently supports Integrated Care Northamptonshire 'Live your best life' ambitions



DUSTON PARISH COUNCIL

Ambition and outcome

How do we currently align / support

9. **ACCESS TO HEALTH AND SOCIAL CARE WHEN THEY NEED IT** - People can access NHS services, personal and social care when they need to. People are supported to live at home for as long as possible. Services to prevent illnesses (e.g. health checks, screening and vaccines) are good and easy to access.

- WB Talks+ events
- Care organisations that operate from our centres(Favel Day Services, Affinity Day care)
- Signposting to local services at our wellness events
- Further signposting at our wellbeing talks and hubs
- Use of our centres for NHS Bloods, screening and health checks
- Working closely with the Supporting Independence Programme service
- Trilogy offer a personalised health and fitness programme via the patient referral scheme in partnership with St Luke's Surgery

10. **TO BE ACCEPTED AND VALUED SIMPLY FOR WHO THEY ARE** - People are treated with dignity and respect, especially at times of greatest need like at the end of their lives. Diversity is celebrated. People feel they are a valuable part of their community and not isolated or lonely.

- All events and initiatives have a broad and inclusive reach across all demographics, ages etc
- Provide warm and welcoming spaces within our 3 centres

